Issue 77 July 2022

Sai Amrutha Jyothi

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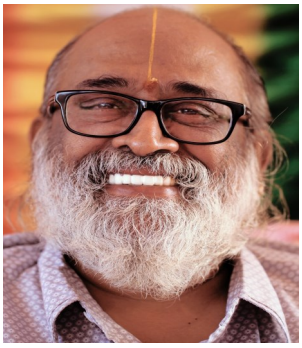

MASTER'S DIVINE WORDS

LIFE HAS BEEN GIFTED BY BHAGAWAN NARAYANA TO YOU.... YOU HAVE NOT DONE SOMETHING GREAT THAT YOU HAVE EARNED IT....
WHEN YOU ARE EGOISTIC & FULL OF PRIDE, YOU SHOULD REMEMBER THAT YOU HAVE NOT EARNED ANYTHING ON YOUR OWN EFFORTS....
JUST THAT YOU HAVE BEEN GIFTED BY 'BHAGAWAN NARAYANA...
EVERY ASPECT OF NATURE UNDER GUIDANCE OF BHAGAWAN NARAYANA WORKED IN COHESIVELY FOR YOUR SUCCESS... YOUR SUCCESS IS NOT YOURS ALONE.... THERE ARE MANY PARTICIPANTS IN YOUR SUCCESS...
YOU MUST BE GRATEFUL TO ALL THE PARTICIPANTS WHO WORKED IN TANDEM, FOR YOU TO PROJECT IT AS YOUR SUCCESS...
SO YOU ARE GIFTED WITH SUCCESS CERTAINLY NOT EARNED BY YOUR OWN MERITS...

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SUCCESS SHOULD NEVER GO TO HEAD AND FAILURE SHOULD NEVER GO TO HEART...

~~~~His Holiness Sri V.V. Sridhar Guruji

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Upcoming Events

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- 7/28/2022 Amavasya
- 7/05/2022 & 7/18/2022 Shashti (Krithikai)
- 7/07/2022 & 7/20/2022 Ashtami; Bhairavashtami
- 7/10/2022 & 7/24/2022 Ekadasi
- 7/11/2022 & 7/26/2022 Pradosham
- 7/13/2022 Pournami
- 7/03/2022 & 7/16/2022 Sankashtahara Chaturthi
- 7/26/2022 Masa Sivarathri
- 7/23/2022 Krithigai

Festivals

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- 7/13/2022 Guru Poornima
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SUCCESS AND FAILURE ARE INCIDENTAL IN LIFE….

SOME TIMES ONE MAY SUCEED AND OTHER TIMES ONE MAY FAIL….

TASTING SUCCESS ALONE IS NOT EXPERIENCE…

THERE IS NO EXPOSURE OR EXPERIENCE IN SUCCESS…

FAILURE BLESSES EXPERIENCE….

IT GIVES EXPOSURE…

IT MAKES THE PERSON CALM AND COMPOSED…

A PERSON WITH VARIED EXPERIENCE WILL ALWAYS BE BALANCED….

ONE WHO HAS ONLY TASTED SUCCESS WILL BE FULL OF IMBALANCE….

FURTHER A PERSON WHO HAS TASTED ONLY SUCCESS FOR A CONSIDERABLE PORTION OF LIFE CANNOT WITHSTAND FAILURE…

HE OR SHE COLLAPSES EASILY LIKE A PACK OF CARDS…

~~~~His Holiness Sri V.V. Sridhar Guruji
~~~~

SAI BABA'S PROTECTION

Baba always anticipates or forestalls calamities of His Devotees!

Baba's Life:

Shirdi had become a place of pilgrimage, on account of Baba's stay there. People from all quarters began to flock there and both the rich and the poor, began to be benefitted in more ways than one. Who can describe Baba's boundless love and His wonderful knowledge and His all-pervasiveness? Blessed is he, who could experience these. Sometimes Baba observed long silence, which was in a way, His dissertations on Brahma; at other times, He was Pure Consciousness – Bliss Incarnate, surrounded by His devotees. Sometimes He spoke in parables and at other times, indulged in wit and humour. At times He seemed enraged. Sometimes He gave His teachings in a nutshell, at other times, He argued at length. Many a time, He was very direct. In this way He gave varied instructions to many, according to their requirements. His life was there, inscrutable, beyond the keen of our mind, intellect and speech. Our longing to see His face, to talk with Him, and hear His Leelas, was never satisfied, still we were overflowing with joy. We can gauge the showers of rain, capture the wind in a leather bag, but who can measure His Leelas?

Here's one aspect of His Leelas, on how he anticipated or forestalled the calamities of His devotees and warned them in time.

Balasaheb Mirikar

Balasaheb Mirikar, son of Sirdar Kakasaheb Mirikar was Mamlatdar of Kopergaon. He was going on tour to Chitali. On the way he came to Shirdi to see Sai Baba. When he went to the Masjid and prostrated himself before Baba, usual conversation regarding health and other matters commenced, when Baba sounded a note of warning, "Do you know our Dwarakamayi?" As Balasaheb did not understand he kept quiet, Baba continued - "This is our Dwarakamayi, where you are sitting. She wards off all dangers and anxieties of the children, who sit on her lap. This Masjidmayi (its presiding Deity) is very merciful, she is the mother of the simple devotees, whom she will save in calamities. Once a person sits on her lap, all his troubles are over. He, who rests in her shade, gets Bliss". Then Baba gave him Udi and placed His protecting hand on his head. When Balasaheb was about to depart, He again said- "Do you know the "Lamba Baba" (long gentleman), Viz. serpent?" And then closing the left arm like fist He brought it near the right elbow, and moving His left arm like the hood of a serpent, He said- "He is so terrible, but what can he do to the children of Dwarakamayi: When the Dwarakamayi (its presiding deity) protects, what can the serpent do?"

SAI BABA'S MOTHERLY LOVE

All who were present there, were curious to know the meaning all this and its reference to Mirikar, but none had the courage to ask Baba about this. Then Balasaheb saluted Baba and left the Masjid with Shama. Baba called Shama back and asked him to accompany Balasaheb and enjoy the Chitali trip. Shama came to Balasaheb and told him that he would go with him according to Baba's wish. Balasaheb replied that he need not come as it would be inconvenient. Sharma returned to Baba and told Him what Balasaheb said to him. Baba said, "Alright, do not go. We should mean well and do well. Whatever is destined to happen, will happen".

In the meanwhile, Balasaheb thought over again and calling Shama asked him to accompany him. Then Shama going again to Baba and taking His leave started with Balasaheb in the tonga. They reached Chitali at 9 P.M. and encamped in the Maruti temple. The office-people had not come; so, they sat quiet in the temple, talking and chitchatting. Balasaheb was sitting on a mat reading a newspaper. His Uparani (upper dhotar) was spread across his waist and on it a snake was sitting unnoticed. It began to move with a hissing sound, which was heard by the peon. He brought a lantern, saw the snake and raised an alarm- 'serpent, serpent'. Balasaheb was frightened and began to quiver. Shama was also amazed. Then he and others moved noiselessly and took sticks and clubs in their hands. The snake got down slowly from the waist, and it moved away from Balasaheb; it was immediately done to death. Thus, this calamity, which was prophesied by Baba, was averted and Balasaheb's love for Baba was deeply confirmed.

This way Baba always foresees calamities of His devotees and helped to avert them and keep them safe.

!!! Om Sairam!!

(Based on Sai Satcharita, compiled by Babu Jammi)

Know your temple

Do you know about Our Guruji — our temple's visionary ?

Sri Sai Amrutha Narayana Sarveshwaralayam owes its existence today to the Divine blessings of Sri Sai Baba and to the constant guidance of His Holiness Poojya Sri V.V. Sridhar Guruji. Sri Guruji's vision was to establish a place of worship radiating with Divine energy in the Western hemisphere, to promote welfare and peace for all.

Guruji performed the first Prayoga Maha Yagnam and Bhoomi Puja at the temple site in July 2007. His prophecy at that time was that this temple would be as powerful as Tirumala. Devotees who visit the temple experience the energy that radiates from the idols and the premises itself and one of the several benefits derived here is the blessings of forefathers(Pitru Kataksham). Many devotees share stories about their prayers being answered and problems miraculously solved after visiting the temple.

Know your temple

Guruji is a personification of Divine energy, spiritual prowess, love and compassion. His spontaneous love and affection attract the hearts of all who are fortunate enough to interact with him. Behind the veneer of a fun-loving, easy going and warm personality lies immense grace and divinity through which he constantly seeks to spread positive energy to fulfill the needs of one and all.

Sri Guruji is the last surviving link in the unique tradition of Chaya Atharvana Veda. His in-depth knowledge in specialized subjects of Nrusimha Tapaniya Upanishad, Tantra Shastra and Sri Krishna Mohana Tantra Vidya has been applied towards energizing the temple in all possible aspects, with the sole purpose of Loka Kalyanam (Universal Welfare). Guruji has personally supervised the establishment of the temple in all its details, from selection of location to architectural specifications to the arrangement of the idols inside the temple. This also happens to be the only temple which Guruji has conceived and energized with the tenets of Prayoga Shastra.

Now and Here

Time and location, strings suspending this puppet,

Hands and legs, expression of the karmic snippet.

Puppet Master being Sadhguru,

I willingly dance thorough and through.

Time and location define the context of my act.

In rhythm with my windy karmic tract.

Sadhguru marks the beginning and the end.

And every move in life's innumerable bends.

~ By Mahalakshmi Iyer

A CONVERSATION BETWEEN HEART AND MIND

Heart : A million authentic feelings waiting to be voiced out , yet I tend to remain silent.

Mind : With unstable emotions overpowering the reality I often choose to be dominant.

Heart : As truth guides me through the rulebook of life, making me more compliant,

Mind : Bundles of evoked reactions lead me to being complacent.

Hey Mind !! I can get people to live together with love, care and harmony

Nevertheless would it not be incomplete without me adding a tinge of ego, pride and jealousy?

Why do a major chunk of people prefer you (the mind) over me (the heart) ?

Because in a world driven by insecurities it takes tremendous strength to be supervised by the heart than to be a pilot of the mind.

~ By Mandakini

Samadhi Pada

In the last issue, we saw about different kinds of Samadhis and how they are practiced. *Savicara* (reflective) and *Nirvicara* (non-reflective – apologies - it was mentioned with incorrect name in the last issue) Samadhis are practiced on finer elements of the objects. Ultimately the finer objects (such as ego) end in the primal force called *Prakrti* in its unmanifested condition.
However, in all these states, the goal is still not reached. Because, even after attaining these states, a person can come back and experience the world as a normal person. Because his desires are still in the form of a seed and they can sprout any time. This is why, in order to avoid this, the mind must be purified first. Swami says, one can still see God in this state, except they cannot see God in His pure state. They only could have a colored vision due to the impurities.
After attaining the pure, non-reflective Samadhi, the Yogi attains what is called *rtambhara* or wisdom filled with truth. In this state, one understands everything without studying. We can talk hours and hours about God, but still we do not know anything about Him. He can only be known with realization and this can happen only when one transcends the mind and gain this knowledge. This can happen only when the mind is in absolute silence.
In Hindu mythology, there were 4 Sages, who had read everything there is, but still could not attain the truth. They prayed to *Dakshinamurthy* who taught them silence. There was a great devotee of Lord Karthikeya called *Arunagirinathar*, who wrote the popular Divine poems called *Thiruppugazh*, had also written another set of poems called *Kandar Anubuthi*, said that the Lord told him to be silent: “Summa iru SollaRa”, meaning “Quiet your mind without a word”.
Once the state of *rtambhara* is attained, there is no more coming back as ordinary person. In this state, one realizes his pure nature and always retains this knowledge. At this state, he is called *Jivanmuktha*, a realized saint, who is liberated while still living in this world.

(To be continued…)

Reference: “The Yoga Sutras of Patanjali” by Swami Satchidananda

~ By Kavinaya

Just for Fun—Anusha Nukala

WordSearch Puzzle Solution

CRYSANTHEMUM	DAFFODIL	HIBISCUS
JASMINE	LILY	MARIGOLD
MUMS	ROSE	TULIP

Kolam—Sangeetha Sridhar

Do you want to know how to make this beautiful Kolam in the picture?

You can watch the process of making this Kolam on our YouTube page Sai Amrutha Jyothi or you can use this following link:

https://youtu.be/McCnjR7unAA

Please like, share and subscribe to our Youtube channel.

https://www.youtube.com/channel/UCvcLCGOv_5IAUYxA2vA4eqQ

WORD SEARCH—HINDUISM VOCABULARY

M Y K N T J Y D L P X O Z D B
P P Q V E A U O K A R M A O Y
B Z Z F G C Z H B O D O S O P
V N O N P Q H J X P L B I D E
A F A Z D L L Z U S R U Y X D
B M O K Q J R J D A I D J V P
J E M E N A A A H E F E Q A O
O U S O P G H O E S F B J K A
V H K Z K S Z U A I K S Z S L
Y N X O I S D X R G K A V A D
N W N N J F H H P U A D Y C X
S L A U T I R A A K G E O R E
G P S H L O K A S R D V G E B
U R Z I Y C E U D A M Q I D I
I T I V S J K Z S T B A Z O K

PLEASE FIND THE WORDS BELOW IN THE PUZZLE ABOVE

KARMA	MOKSHA	DHARMA	PUJA
RITUALS	YAGNAM	VEDAS	GURU
UPANISHADS	SHLOKAS	SACRED	YOGI

SPOT THE DIFFERENCES

Spot 6 differences between the 2 pictures

Sai Amrutha Narayana Temple is my abode of peace and joy ... by Shalini Gaur

Sairam!!

'Once upon a time…' isn't that how we start a story? Yes, it is a beautiful story of my journey with our 'Sri Sai Narayana Temple'. For me it is my Baba's abode, my father's house, to which I can run anytime.

14 years ago when I first visited this place, painting and wiring was going on that day. Vigrahams were not there yet, but it already felt so welcoming. Ever since, with His grace, I have been a part of many events. Witnessed the expansion and consecration of all the Vigrahams. Every event feels like a celebration. As if the Father invites all His children home, to attend these ceremonies. We have a wonderful family of Rajagopal Mama, Sarada Garu, Babu Garu and many more volunteers who work tirelessly to make all the various Yantra pujas, consecration of the idols, inauguration ceremonies, and the festivals around the year, a super successful event. I am always blown off to see the amount of planning, coordination and the actual work that goes behind these amazing events to be successful.

The moment I step into the temple, it feels like I am home. When I stand in front of Baba, His compassionate eyes take away all my worries and all pains are alleviated. A feeling of calmness dawns. If one looks at each idol closely, one will find a lovely smile on the face that makes you forget everything.

This is a very unique temple with rare forms of deities. I would like to mention a few, such as Pratyangira Devi, Varaha Swami, Hayagriva, Pancha Mukhi Hanuman and Navagrahas with their consorts. I like to stand in front of each idol and just keep looking at the beautiful form of the Lord. The alankaram done by Sarada Garu is so beautiful that it is difficult to take my eyes off it. How can I not mention the beautiful Vriksha Bhairava-Vriksha Bhawani kshetram. It is the most amazing place, where I can quietly sit for hours and enjoy the serene atmosphere with the ducks sometimes quacking or the birds chirping. Many, including me, have experienced the blessings of their forefathers upon visiting this place.

Last but not the least, when our Master, Sridhar Guruji visits, this place turns into Vaikuntha. It is impossible to explain the happiness and bliss we all experience. In the end I just want to mention whenever I am here, time just flies.

International Yoga Day Celebrations

On the occasion of International Yoga Day, participants practiced Yoga & Suryanamaskars

Guru Poornima Flyer

Sri Sai Amrutha Narayana Temple

340 Three Chopt Road, Manakin Sabot, Va. 23103

GURU POORNIMA

Wednesday, July 13, 2022

Within GURU is the universe; at the center of the universe is the GURU. He is an embodiment of supreme knowledge and wisdom. GURU means today, now… he lives with you, he dances with you…

On this GURU POORNIMA experience the joy of witnessing special Baba abhishkekam & Palki Seva

06:00 PM	Baba Abhishekam
07:15 PM	Palki Seva
08:00 PM	Shej Aarthi

$516	Abhishekam Sponsorship
$251	Flower/Garland Sponsorship
$21	Archana

For more Sponsorship details please contact :

Sarada Jammi # 804 868 5751 or Pt. Rajagopalan #804 708 3007

Follow us on Facebook and Instagram:

Ganesh Chaturthi Flyer

Sri Sai Amrutha Narayana Temple

340 Three Chopt Road, Manakin Sabot, Va. 23103

GANESH CHATURTHI

Wednesday, August 31st, 2022

Runa Vimochana Ganapathi

Maha Ganapathi Abhishekam

Sri Maha Ganapathi

Eeshana Yagna Raksha Ganapathi

Vriksha Bhairava Ganapathi

We will be celebrating this Ganesh Chaturthi on Aug 31st 2022 with special Abhishekams for Maha Ganapathi, Runa Vimochana Ganapathi Eeshana Yagna Raksha Ganapathi and Vriksha Bhairava Ganapathi.

Prayers to Ganapathi will remove all obstacles and helps you achieve your goals and fulfill your wishes, leading to material prosperity and all-round success.

Full Event Sponsorship	**$1116**
Abhishekam Sponsorship	**$516**
Flower/Garland Sponsorship	**$251**
Archana	**$21**

All devotees are welcome to take part in this auspicious festival and take the divine blessings of Sri Maha Ganapathi

For more Sponsorship details please contact :

Sarada Jammi # 804 868 5751 or Pt. Rajagopalan #804 708 3007

Follow us on Facebook and Instagram: Sri Sai Narayana Organization & @saiamruthanarayana