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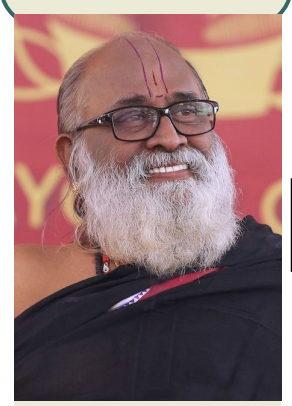

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MASTER'S DIVINE WORDS

Staying positive in life is like the accelerator pedal in the car... You have to keep on pressing it for the car to move...

To be negative is just like the brake pedal... You have to remove your leg from the accelerator pedal and just push the brake pedal once..

Negativity or inertia is very quick and fast whereas to stay positive you have to keep encouraging yourself continually..

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When all your feelings of positive emotions actualise, happens the greatest divinity of life called 'love'....

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Money, power, fame, politics may not bring a desired change in the society....

Dedicated prayers with devotion can bring a positive change.... I immensely believe in prayers....

~~~~His Holiness Sri V.V. Sridhar Guruji

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Upcoming Events

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- 06/02/2021 Ashtami
- 6/06/2021 & 6/21/2021 Ekadasi
- 6/7/2021 & 6/22/2021 Pradosham
- 06/10/2021 Amavasya
- 06/16/2021 Shasti
- 06/27/2021 Sankashtahara Chaturthi
- 06/24/2021 Pournami
- 06/08/2021 Karthigai
- 06/08/2021 Masa Sivarathri

June Festivals

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- 06/10/2021 Shani Jayanthi
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For thousands of years you have been told that "you are wrong"; "you did not do it perfectly"; "you could have presented better"; "you lack zeal"; "you don't have the trying spirits"; "since you did this you had to face this"; etc.,

You have been made to feel guilty by highlighting some normal instances which happen to everyone in this life.

My job is to make you free of this guilt and make you to look inward.

When you look inward, you will not only know that 'Lord is the Doer', but also will make you a responsible person to yourself and the society without an iota of guilt.

I strongly oppose those who make you to feel guilty, even in the name of good or God.

When you feel guilty, you would become a slave and will be devoid of freedom. Freedom is love and with it brings a sense of responsibility, which the guilt cannot bring about.

The way the gold gets purified in a furnace when heated; in the same way one undergoes through the process of smelting, in the furnace called "MASTER".

The beauty of the Lord is that, he made one to feel guilty and gave him 'doership' woes. He made another to not feel guilty and relieved him of the 'doership' woes.

That's the beauty of the Lord. His ways are unique and magical.

Your logic and reasoning will stand no good before Him. He and His ways are inscrutable.

When you are free of guilt, you would have moved closer to God. God too would have moved closer to you.

Lord will feel very delighted that at last, one of His product has realised that He is not the 'doer'.

~~~~His Holiness Sri V.V. Sridhar Guruji
~~~~

Leave Everything to His Will

Yearning leads to surrender, and surrender gives the highest joy. Leave everything to His Will; accept whatever happens whether pleasant or painful.
There was a rich merchant once in Baghdad. He was leading a virtuous God-fearing life. He had a daughter whom he adored greatly, for she was the very embodiment of virtue. The father decided that he would give her in marriage only to a young man who was intimately bound with God, regardless of any other excellence or handicap. He searched for such a groom, in caravanserais, mosques and places where holy persons were likely to gather.

One Friday, he noticed in the mosque a fair young man. Even after everyone had left, he was on his knees, crying out to God most endearingly and with great sincerity. He approached him and asked whether he would marry his daughter. He said "I am the poorest of the poor; I have a leaky roof over my head, and a gravel floor whereon I sit. Who will marry such a beggar? I shall marry someone who would not object to my spiritual sadhana and consents to share my poverty".

The merchant felt that he was the most eligible groom and the wedding was conducted soon. His daughter came to the fakir's residence and started cleaning the floor. She was happy that her husband was of her own heart; she too was a pilgrim on the road to God, a practitioner of spiritual exercises. While sweeping the floor, she found in a corner a plate with a piece of bread on it. She asked him why it was kept there, and he replied, "I kept it safe, lest tomorrow, when I go for my rounds, it is possible that we may not get enough to eat".

At this, the wife replied. 'I am ashamed of you. You have so little faith in Allah. He who gives us hunger, will He not give us bread, too? I shall not live with a person of this nature. You have no faith in God and His Compassion', she said, and left the fakir forever.

Who is Sai Baba? – The greatness of Udi

Great Saints:

Let us bow before the great saints. Their merciful glances will destroy mountains of sins and do away with all the blemishes of our character. Their talk gives us good teachings and confers on us invaluable happiness. Their minds do not know any difference, such as "this is ours and that is yours." Such differentiation never arises in their minds. Their debts (obligations) will never be repaid by us in this birth, as well as in many future births.

Udi

It is well-known that Baba took dakshina from all and out of the amount thus collected, He spent on charity and purchased fuel. This fuel He put in the Dhuni – the sacred fire, which He kept ever burning. The ash from this fire was called Udi, and it was freely distributed to the devotees, at the time of their departure from Shirdi.

What did Baba teach by this Udi? Baba taught by this Udi that all the visible phenomena in the universe are as transient as the ash. Our bodies composed of matter of the five elements, will fall down, after all their enjoyments are over and be reduced to ashes. In order to remind the devotees of the fact that, their bodies will be reduced to ashes, Baba distributed Udi to them. Baba also taught by the Udi that no one in this world, be he a son, father or wife, is really ours. We come here (in this world) alone, and we have to go from here alone.

It has been found that the Udi cured many physical and mental maladies, but Baba wanted to repeat into the devotee's ears the principles of discrimination between the Unreal and the Real. He taught non-attachment for the unreal by His Udi and Dakshina. The former (Udi) taught us discrimination and the latter (Dakshina) taught us non-attachment. Unless we have these two things it is not possible for us to cross over the sea of the mundane existence. So, Baba asked for Dakshina, and while the devotees took leave He gave Udi as Prasad, besmeared some of it on their foreheads and placed His boon-conferring hand on them. When Baba was in a cheerful mood, He used to sing merrily. One such song was about Udi. The meaning of this song was: "Oh, playful Ram, come, come and bring with you sacks of Udi." Baba used to sing in very clear and tender tones.

— Based on experts from Shri Sai Satcharita, complied by Babu Jammi.

A PEN IN DEVOTION

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What Is .....?

Life - offspring of time and space,
One is slipping and other the seat of grace.

Personality - medley of likes and dislikes,
Enslaving with pleasures and hatred spikes.

Gratitude - five elements in torrential engulf,
You and me pulsing 'thank you,' sure enough.

Suffering - magic wand to spirituality,
With body and mind, fastened to mortality.

Surrender - dissolution of the I,
After then, there is no expectation or a disappointed sigh!

Sadhguru - beyond the brain box comprehension!
Throbs in 'his' unbridled involvement and 'her' boundless inclusion.

It is God who is in Everything and Does Everything

There was once a monastery; the monks residing there used to go out everyday to beg for their food. One day one of the monks, while out begging for alms, came upon a horrific scene. A landlord was beating up a man mercilessly. The monk, filled with compassion, stepped in the middle and asked the landlord to stop. This further infuriated the landlord, who had no respect for wise words. He turned his wrath upon the monk for interfering and beat him up till he fell unconscious. When the other monks at the monastery came to hear about the incident, they rushed to the spot and carried the still unconscious monk back.

They tried to revive the monk by pouring milk into his mouth. Once the monk regained consciousness, he opened his eyes and looked around. A brother monk wanted to test if the injured man was able to recognize the others. Shouting into the monk's ear, he asked, "Revered Sir, who is giving you milk?" "Brother," replied the holy man in a low voice. "He who had beat me up is now giving me milk." Fully awakened souls are beyond virtue and vice. They do not distinguish between the sinner and the saint. They truly understand that it is God who is in everyone and it is He who does everything.

Action and Knowledge

Devotee: "Sir, why has God put us in the world?"

Master: "The world is the field of action. Through action one acquires knowledge. The Guru instructs the disciples as to what actions to perform and what to avoid. He also advises the disciples to work without desire for the result. The impurity of the mind is destroyed through the performance of duty. It is like getting rid of a disease by means of medicine, under the guidance of a competent doctor. When the patient is cured, the doctor will let him go from the hospital. God will liberate us from the world when we are through with our duties and enjoyment."

Source: The Gospel of Sri Ramakrishna by M, a disciple of the Master. Translated by Swami Nikhilananda. (Indian Edition 1996 by Sri Ramakrishna Math, Madras).

Patanjali Yoga Sutra – "Samadhi Pada"

6 (continuation from May issue)

At the highest level, Sage Patanjali gives us two ways to control the mind fluctuations: Practice, and Detachment. We saw how Practice must be performed, 1) for a long time, 2) continuously, and 3) with sincerity.

The other way is detachment or *Vairaghya*. Non attachment means to be free from cravings or desires. Buddha said desire is the root cause of all sufferings. Our mind is always filled with many desires. Desire comes attached with expectations. When that expectation is not fulfilled, it creates anxiety. It causes anger, which in turn causes misery. If only we can get rid of our desires, that is the best way of controlling our mind fluctuations.

However it is not easy to rid of all the desires. Sri Ramakrishna says one should carefully analyze his or her desires. You can fulfill the small ones and convince the mind to rid of the others.

First of all, why do we desire things? It is because we want to enjoy sensory pleasures. For example we desire money because it will buy us things that we can enjoy with our senses.

Swami Sachidhanandha says, you may have desires, but they must not be selfish ones. You may desire things for others, for serving others, but not for yourself. This is very important because, only when the desire is for self, expectations and disappointments come along with it, which affects the mind.

Sage Patanjali talks about another deeper form of *Vairaghya*, which is caused by the past experiences or impressions in the memory, called *Samskaras*. One may have learned to control his or her present and future desires and enjoyment, but he or she still has the impressions of the things that they did in the past. A thief may have stopped stealing, but he would still have the memory of the pleasure he experienced when he stole a particular thing.

Non-attachment can be attained by vigilance and practice. But it is very difficult to get rid of the *Samskaras*. Swami says that it will go away only when one realizes the Ultimate Truth. When we attain the state of Bliss, these petty enjoyments will seem like nothing.

(To be continued…)

Reference: "The Yoga Sutras of Patanjali" by Swami Sachidananda.

Ram & Rahim are One!

Lord Sai is our Guru and the Instigator of all our actions, once we surrender to Him totally. Baba assures His devotees that He will fulfill all their desires and that there will never be a situation of want in their homes.

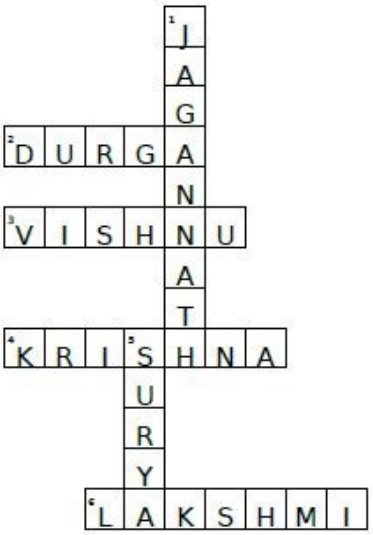
One Mr. GopalRao Gund wanted to celebrate Sri Ram Navami at Shirdi as a way of showing his thanks to Baba for blessing him with a son. It was also decided to celebrate the Muslim festival of URS on the same day. All arrangements were properly made. Haridas to sing the glory of Rama, Prasad preparation, drinking water supply and a cradle to keep Baby Rama were all ready. Sandal Palanquin procession for the Urs was also made. Baba granted permission and even sent a garland for the Haridas. During the celebrations, the red gulal powder got into Baba's eyes and Baba became angry and started scolding everyone. This was taken as Baba's grace on their devotees. Das Ganu continued the role of Haridas in the subsequent years and these two festivals are still celebrated at Shirdi.

During this time, the Masjid underwent the needed repairs. One day Baba saw the repair work and suddenly started pulling out the pillars. No one could reach nor stop Him. Tatya's head gear was pulled out and thrown into the fire! Bagoji was pushed away. Shama was pelted with stones! Later on, Baba calmed down and decorated Tatya with a decorative head gear . No one could understand the reasons behind it.

Bow to Shri Sai – Peace be to all

Just for Fun—Tejaswi Dasari

Crossword Puzzle Solution



Down:
1. Rath Yatra
5. Makara Sankrathi

Across:
2. Navaratri
3. Onam
4. Holi
6. Diwali

Kolam—Sangeetha Sridhar

Do you want to know how to make this beautiful Kolam in the picture?

You can watch the process of making this Kolam on our Youtube page Sai Amrutha Jyothi or you can use this following link:

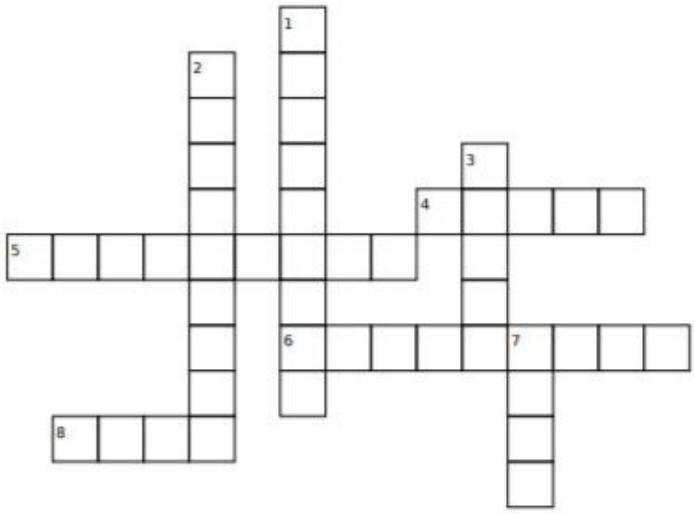
https://youtu.be/M9FPW4nfK6U

Please like, share and subscribe to our Youtube channel.

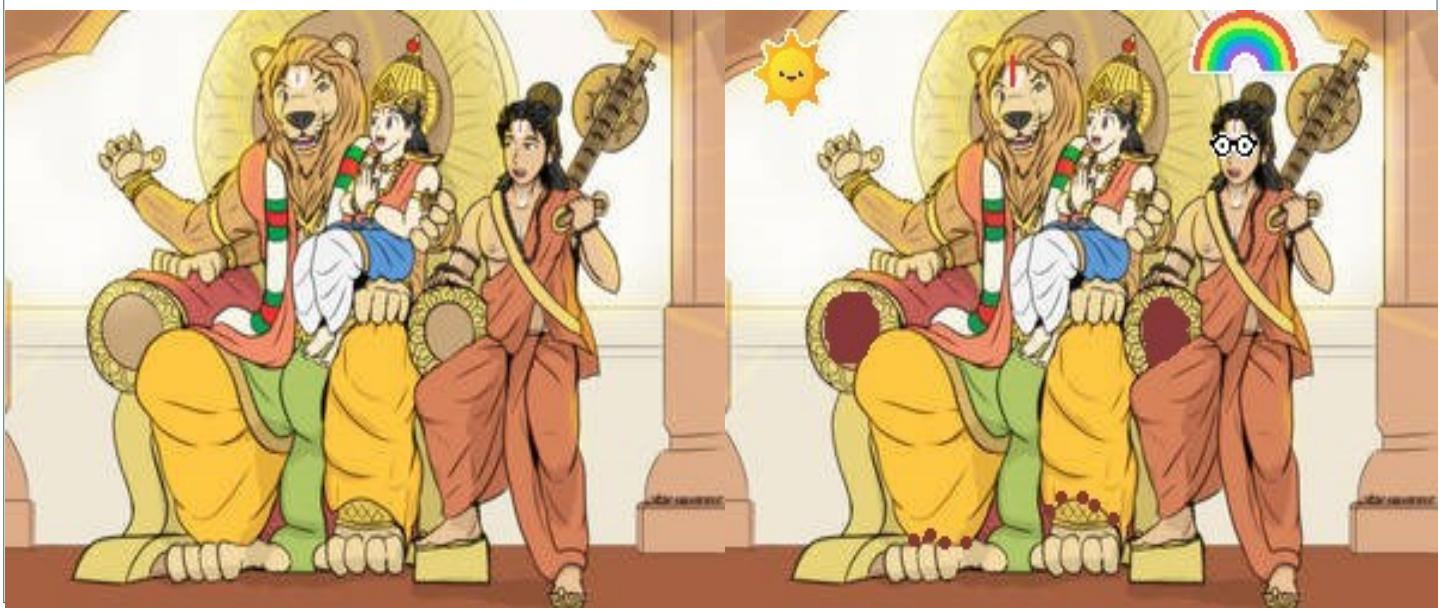
https://www.youtube.com/channel/UCvcLCGOv_5IAUYxA2vA4eqQ

ASHTA DIKPALAKS

Find the directions for the deities



Down:
1. Agni
2. Isana
3. Kubera
7. Varuna

Across:
4. Yama
5. Vayu
6. Neiruthi
8. Indra

SPOT THE DIFFERENCES