



# SRI SAI AMRUTHA NARAYANA TEMPLE

340 THREE CHOPT ROAD, MANAKIN SABBOT, VA 23103.



## SAI AMRUTHA JYOTHI

ISSUE 99 ● MAY, 2024

*From OUR Temple's DESK ....*

**Sairam,**

As we step into May, let's remember the joy that comes from being fully engaged in our spiritual practices. It all begins with regular visits to the temple, where we find solace and purpose.

I've always believed that lending a hand in service is as important as donations. Our temple constantly needs help, whether it's cooking prasadam, tending to the garden, or assisting during special rituals. During the first weekend of every month, we perform abhishekham for all the deities in the temple followed by aradhana Vriksha Bhairava and PrayogaNrusimha. Devotees can perform physical service during the aradhana.

On the first weekend of each month, we come together for special ceremonies. It's a chance for us to get involved and serve alongside each other, a privilege we've gained through our journey from India to here.

Let's take these opportunities to show our dedication to our community. I've shared teachings from my Guru so we can all grow together. I invite you to bring your children to the temple, too, so they can learn about our traditions and values.

Together, let's find fulfillment in serving others. Every dollar you give to the temple helps support important projects, like building our new Ayyappa temple.

Come, join me in witnessing the progress we're making together. Thank you, and may blessings be with you all.

*With prayers for your health, happiness, and peace,*

***Pandit Rajagopalan Mama.***

### INSIDE THIS ISSUE

Upcoming events	- 1
Baba's divine words	- 2
Sridharamrutham	- 3
Satcharitra Story	- 4,5
Support Your Temple	- 6
Nrusimha Jayanthi Pics	- 7
Thursday pics	- 9

### UPCOMING EVENTS

Bhairava Ashtami + GuruPeyarchi	- 05/01/24
Ekadasi	- 05/04/24
Pradosham	- 05/05/24
Amavasya	- 05/07/24
Akshaya Trithiya	- 05/10/24
Sankara Jayanthi	- 05/12/24
Nursimha Jayanthi	- 05/22/24
Pournami	- 05/23/24
Paramachara Jayanthi	- 05/16/24
Sankatahara Chaturthi	- 05/26/24

**FOLLOW US ON INSTAGRAM & FACEBOOK FOR MORE LIVE UPDATES AND EVENT SCHEDULES.**



# SRI SAI BABA'S DIVINE WORDS



“POSITIVE THOUGHTS CREATE A RIPPLE EFFECT OF GOODNESS.”

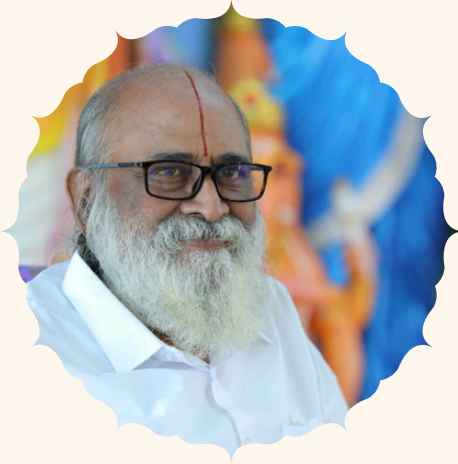


“LIFE’S TRUE TREASURES ARE FOUND IN THE RELATIONSHIPS WE NURTURE.”

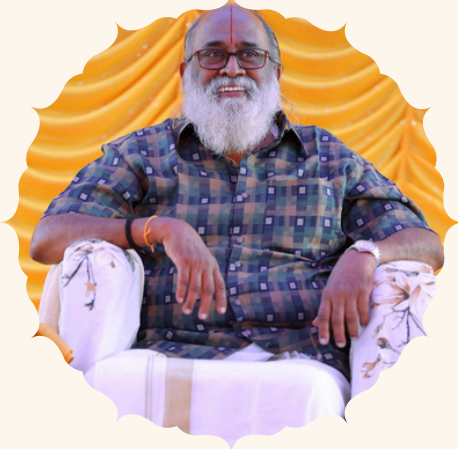


“WISDOM IS GAINED THROUGH EXPERIENCE AND REFLECTION.”

# SRIDHARAMRUTHAM



ONLY A PERSON WHO HAS THE COURAGE TO DROP THE PAST AND LET GO OF THINGS, ATTAINS PEACE IN THIS LIFE... REST KEEP GRUMBLING AND ARE DEVOID OF PEACE...



ICAN YOU ATTRIBUTE EVERYTHING TO GOD? HAVE YOU THE COURAGE TO VISUALISE HIM IN ALL ACTIONS AND INACTIONS... CAN YOU FEEL THAT HE IS THE DOER OF EVERYTHING... CAN YOU FEEL HIM IN YOUR BREATH? CAN YOU FEEL HIM AS YOUR COMPANION? CAN YOU FEEL THE THIRST AS GOD? CAN YOU FEEL THE WATER AS YOU DRINK QUENCHING YOUR THIRST AS GOD? CAN YOU FEEL HIM BEYOND THE MYTH OF POLARITIES LIKE GOOD/BAD, RIGHT/WRONG, PERFECT/IMPERFECT, BEAUTY/UGLY?

IF YOU CAN BE THIS WAY YOU ARE JUST THAT TRUE YOGI AND YOU PRACTICE 'ISHVARA PRANIDHANA'.....

# A STORY FROM SAI SATCHARITRA



## Chapter 11 - Baba's Control over the Elements

Two incidents showing Baba's control over the elements. (1) Once at evening time, there was a terrible storm at Shirdi. The sky was overcast with thick black clouds. The winds began to blow forcibly; the clouds roared and the lighting began to flash, and the rains began to descend in torrents. In a short time, the whole place was flooded with water, All the creatures, birds, beasts and men got terribly frightened; and they all flocked to the Masjid for shelter. There are many local deities in Shirdi, but none of them came to their help. So they all prayed to Baba - their God, Who was fond of their devotion, to intercede and quell the storm. Baba was much moved. He came out and standing at the edge of the Masjid, addressed the storm in a loud and thunderous voice - "Stop, stop your fury and the calm." In a few minutes the rains subsided, the winds ceased to blow, and the storm came to a stop. Then the moon rose in the sky, and the people then went back home well-pleased, (2) On another occasion at noon the fire in the Dhuni began to burn brightly, its flames were seen to be reaching the rafters above. The people who were sitting in the Masjid did not know what to do. They dared not to ask Baba to pour water or do anything to quench the flames. But Baba soon came to realize, what was happening. He took up His Satka (short stick) and dashed it against a pillar in front, saying - "Get down, Be calm." At each stroke of the Satka, the flames began to lower and slow down; and in a few minutes the Dhuni became calm and normal.

This is our Sai, an Incarnation of God. He will bless any man who will prostrate and surrender himself to Him. He, who will read the stories of this Chapter daily with faith and devotion, will soon be free from all calamities; not only this, but always attached and devoted to Sai, he will get very soon God-vision: all his desires will be fulfilled and being ultimately desireless, he will attain the Supreme. Amen!

# SUPPORT YOUR TEMPLE



## **DOLLAR-A-DAY**

**[CLICK to Signup](#)**

Giving Dollar a day means supporting the initiatives that the temple has undertaken on a regular basis such as, rescuing cows and building Goshala, Donating 1000's gallons of milk for infants & conducting regular cultural and religious activities.



## **BIRTHDAY'S & ANNIVERSARIES**

**[CLICK to Signup](#)**

Make your special days truly special! As you step in to a new year in your blessed life, Sai Narayana Temple would love to be a part of it, You could participate in a simple Abhishekam and Archana to take blessing from Baba on your special day.



## **MORE INFORMATION**

**[CLICK to Signup](#)**

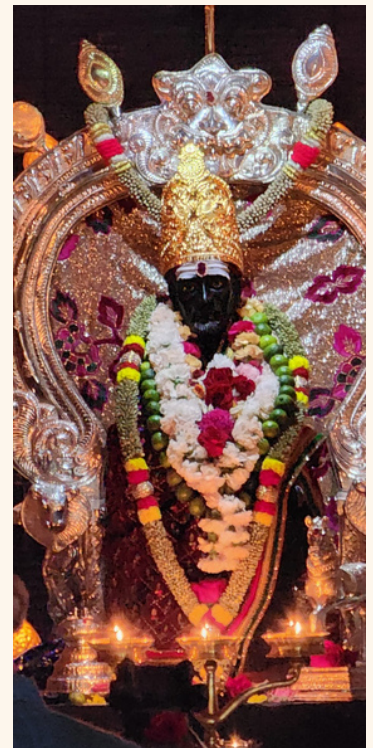
For more information on how to donate, how to contribute to our unique Sai Narayana Temple initiatives and our charitable activities please visit our temple website donations page.



# THURSDAY ABHISHEKAMS



Thursday Abhishekam's are special. As Thursday's are for Guru's, lets pray to our ever loving Baba. We have posted below a few pictures of our special Thursday abhishekam's.



# VARAHA JAYANTHI CELEBRATIONS



Here are a few pictures from grand Varaha Jayanthi celebrations to view and enjoy..



# AKSHAYA TRITIYA

10TH MAY 2024

*AKSHAYA MEANS VANISH...*

*AKSHAYA MEANS NEVER VANISHES... IT ALWAYS STAYS... ON AKSHAYA TRITHIYA ANY GOOD DEED DONE ETERNALLY STAYS THAT TOO MANIFOLD TIMES... IT MULTIPLIES LEADING TO THE CONCEPT OF ABUNDANCE...*

*PARTICIPATE ALONG WITH YOUR FAMILY IN OUR TEMPLE ACTIVITIES, IN ANY WAY OR MEANS POSSIBLE ON THIS SPECIAL DAY TO GET ABUNDANT BLESSINGS.*



## TIMINGS:

*Abhishekam to Varaha Swamy followed by  
Special Alamkaranam - @6.30 A.M*

## SPONSORSHIP DETAILS:

*Abhishekam to Varaha Swamy- \$151  
Garlands to Varaha Swamy - \$51*

**For more details please contact:**

*SARADA JAMMI #804-868-5751  
PANDIT B. RAJAGOPALAN #804-708-3007*

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# Nrusimha Jayanthi

*May 22nd 2024*



Lord Nrusimha, the father of us all, is said to be our first ancestor. On this wonderful occasion of Nrusimha Jayanthi, pay a visit to him and seek his blessings.

## *Details:*

*Abhishekam to Nrusimha @ 6.30 A.M  
Followed by special Alamkaranam.*

*Abhishekam Sponsors – \$251  
Garlands Sponsors – \$101*

## Contact:

Sarada Jammi @ #804-868-5751  
Pandit B. Rajagopalan Mama @ #804-708-3007