



# SRI SAI AMRUTHA NARAYANA TEMPLE

340 THREE CHOPT ROAD, MANAKIN SABBOT, VA 23103.



## SAI AMRUTHA JYOTHI

ISSUE 98 ● APRIL, 2024

*From OUR Temple's DESK ....*

**Sairam,**

In our temple, we engage in the sacred practice of Saligrama aradhana each day. This ritual holds profound significance, as it purifies our surroundings and promotes well-being in various aspects of life.

Water from Saligrama aradhana is believed to possess the power to purify our homes and bestow blessings upon those seeking good health and fertility.

In today's world, where many struggle with mental health challenges like depression, Saligrama aradhana serves as a source of solace and relief. By connecting us with our ancestors and the divine forces of nature, this ancient practice offers a pathway to success and inner peace.

Saligrama aradhana is not merely a ritual; it is a timeless tradition mentioned in our sacred texts and carried out with reverence and devotion. With the blessings of our Guruji and the divine, Sarada and I perform this aradhana daily for the well-being of all beings, aiming for prosperity, wisdom, and harmonious family life.

Remember, true happiness and good health cannot be purchased; they are bestowed upon us through divine grace. May the practice of Saligrama aradhana bring you abundant blessings and fulfillment in all aspects of your life.

*With prayers for your health, happiness, and peace,*

***Pandit Rajagopalan Mama.***

### INSIDE THIS ISSUE

Upcoming events	- 1
Baba's divine words	- 2
Sridharamrutham	- 3
Satcharitra Story	- 4,5
Support Your Temple	- 6
Nrusimha Jayanthi Pics	- 7
Thursday pics	- 9

### UPCOMING EVENTS

Bhairava Ashtami	- 04/02/24
Ekadasi + Pradosham	- 04/06/24
Masa Shiva Ratri	- 04/07/24
Amavasya	- 04/08/24
Ugadi	- 04/09/24
Karendiyaan Nombu	- 04/10/24
Skanda Shashti + Tamil New Year	- 04/14/24
Sri Rama Navami	- 04/17/24
Ashtami	- 04/16/24
Ekadasi	- 04/19/24
Guruji Amma Jayanthi	- 04/20/24
Pradosham	- 04/21/24
Chitra Pournami	- 04/23/24
Sankatahara Chaturthi	- 04/27/24

**FOLLOW US ON INSTAGRAM & FACEBOOK FOR MORE LIVE UPDATES AND EVENT SCHEDULES.**



# SRI SAI BABA'S DIVINE WORDS



“POSITIVITY IS A CHOICE THAT CAN TRANSFORM YOUR LIFE.”

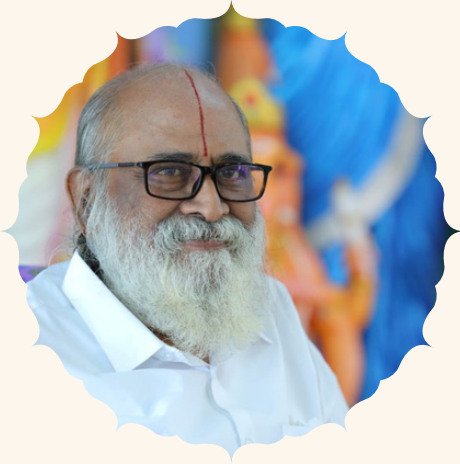


“STRENGTH DOES NOT COME FROM PHYSICAL POWER BUT FROM AN INDOMITABLE SPIRIT.”



“WISDOM RECOGNIZES THE POWER OF COMPASSION AND EMPATHY.”

# SRIDHARAMRUTHAM



UNLESS THE ELDERS SHED THE ATTITUDE OF 'THEY KNOW EVERYTHING.... OR THEY ARE ALWAYS RIGHT' IT IS DIFFICULT FOR THEM TO UNDERSTAND THE FEELINGS OF YOUNGSTERS AND RESPOND MATURE.....



I FIND IN MANY CASES THESE DAYS YOUNGSTERS THOUGH GRACED WITH A LOT OF INTELLECT, ARE EMOTIONALLY IMBALANCED....THEY REACT AND RETORT VERY FAST... LIFE IS EXPERIENCE... PROBABLY THEY ARE ON THAT JOURNEY AND IT TAKES TIME TO REALISE THAT YOU DON'T GET EVERYTHING IN LIFE AND LIFE DOESNT HAPPEN AS PER ONE'S EXPECTATIONS.... ONCE THEY REALISE THIS, THEY WILL START LAUGHING AT THEIR OWN ACTIONS... THIS IS THE TIME WHEN KNOWLEDGE TRANSFORMS IN TO WISDOM....

AFTER THIS TRANSFORMATION, THEY ARE MORE CALM AND COMPOSED....

# A STORY FROM SAI SATCHARITRA



## Chapter 10 - Baba's Humility

Lord or Bhagwan is said to have six qualities, viz. (1) Fame, (2) Wealth, (3) Non-attachment, (4) Knowledge, (5) Grandeur, and (6) Generosity. Baba had all these in Him. He incarnated in flesh for the sake of the Bhaktas. Wonderful was His grace and kindness! He drew the devotees to Him, or how else one could have known Him! For the sake of His Bhaktas Baba spoke such words, as the Goddess of Speech dare not utter. Here is a specimen. Baba spoke very humbly as follows:- "Slave of slaves I am your debtor, I am satisfied at your darshan. It is a great favour that I saw your feet. I am an insect in your excreta. I consider Myself blessed thereby". What humility is this? If anybody would think that by publishing this, any disrespect is shown to Sai, we beg His pardon and to atone for this we sing and chant Baba's name.

Though Baba seemed outwardly to enjoy sense-objects, he had not the least flavour in them, nor even the consciousness of enjoying them. Though He ate, he had no taste and though He saw, He never felt any interest in what He saw. Regarding passion, He was as perfect a celibate as Hanuman. He was not attached to anything. He was pure consciousness, the resting place of desire, anger, and other feelings. In short, He was disinterested, free and perfect. A striking instance may be cited in illustration of this statement.

### Nanavalli

There was in Shirdi, a very quaint and queer fellow, by name Nanavalli. He looked to Baba's work and affairs. He once approached Baba who was seated on His Gadi (seat) and asked Him to get up, as he wanted to occupy the same. Baba at once got up and left the seat, which he occupied. After sitting there awhile Nanavalli got up, and asked Baba to take His seat. Then Baba sat on the seat and Nanavalli fell at His feet, and then went away. Baba did not show the slightest displeasure in being dictated to and ousted.

This Nanavalli loved Baba so much that he breathed his last, on the thirteenth day of Baba's taking Maha-Samadhi.

# SUPPORT YOUR TEMPLE



## **DOLLAR-A-DAY**

**[CLICK to Signup](#)**

Giving Dollar a day means supporting the initiatives that the temple has undertaken on a regular basis such as, rescuing cows and building Goshala, Donating 1000's gallons of milk for infants & conducting regular cultural and religious activities.



## **BIRTHDAY'S & ANNIVERSARIES**

**[CLICK to Signup](#)**

Make your special days truly special! As you step in to a new year in your blessed life, Sai Narayana Temple would love to be a part of it, You could participate in a simple Abhishekam and Archana to take blessing from Baba on your special day.



## **MORE INFORMATION**

**[CLICK to Signup](#)**

For more information on how to donate, how to contribute to our unique Sai Narayana Temple initiatives and our charitable activities please visit our temple website donations page.



# THURSDAY ABHISHEKAMS



Thursday Abhishekam's are special. As Thursday's are for Guru's, lets pray to our ever loving Baba. We have posted below a few pictures of our special Thursday abhishekam's.



# SHIVA RATRI CELEBRATIONS



Here are a few pictures from Shiva Ratri celebrations to view and enjoy..



# UGADI CELEBRATIONS



## Sri Sai Amrutha Narayana Temple

340 Three Chopt Road, Manakin Sabot, VA 23103

## Ugadi Grand Celebration

April 9, 2024



## KRODHI NAMA SAMVATSARA SPECIAL ABHISHEKHAM AND ALANKARAM



**6:00 AM: Baba Abhishekham  
followed by special Shakambari  
alankaram**

**Special Archana can be  
performed morning and evening**

**Join us with friends and family  
as we celebrate Ugadi at Sri Sai  
Amrutha Narayana Temple.**

**Free Prasadam available for all  
devotees**

For sponsorship details, please contact Smt. Sarada Jammi # 804 868 5751 or Pandit  
Rajagopalan # 804 708 3007

Follow us on Facebook & Instagram for daily updates

FB: [Sri Sai Narayana Organization](#)

IG: [saiamruthanarayana](#)



# SRI RAMANAVAMI CELEBRATIONS



## Sri Sai Amrutha Narayana Temple

340 Three Chopt Road, Manakin Sabot, VA 23103

## Sri Ramanavami Celebration

April 17, 2024



6:30 AM : Baba Abhishekham

6:00 PM : Dhoop Aarthi

6:30 PM : Pallaki Seva



For sponsorship details, please contact Smt. Sarada Jammi # 804 868 5751 or Pandit  
Rajagopalan # 804 708 3007

Follow us on Facebook & Instagram for daily updates

FB: [Sri Sai Narayana Organization](#)

IG: [saiamruthanarayana](#)