



# SRI SAI AMRUTHA NARAYANA TEMPLE

340 THREE CHOPT ROAD, MANAKIN SABBOT, VA 23103.



## SAI AMRUTHA JYOTHI

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*From OUR Temple's DESK ....*

**Sairam,**

I hope this message finds you well. I wanted to inform you about our upcoming celebration of Maha Sivarathri on Friday, March 8th. Maha Sivarathri holds immense significance in our culture. It is considered a highly auspicious occasion that is celebrated with great reverence and devotion. It is believed that on this day, Lord Shiva performed the heavenly dance of creation, preservation, and destruction. It is a time for devotees to seek Lord Shiva's blessings, purify themselves, and connect with the divine energy. Maha Sivarathri is a reminder of the power of Lord Shiva and serves as an opportunity for spiritual growth and renewal.

As devotees, there are several things we can do to prepare for Maha Sivarathri. For those who know Sri Rudram, I encourage you to light a lamp (Deepam) and recite Sri Rudram once every day starting a week before Maha Sivarathri. If you are not familiar with Sri Rudram, you can still light a lamp and chant "Om Hreem Namah Sivaaya" while offering your prayers to Lord Siva. And if chanting mantras is not possible for you, simply chanting "Om Namah Sivaaya" will suffice. By uttering Lord Siva's name, we cleanse ourselves and prepare for the celebration of Maha Sivarathri.

On Friday evening, we will commence the event by performing Sri Sai Amrutha Narayana and Nandikeswara abhishekam. The prayers will continue until midnight. All devotees are welcome to participate and perform milk abhishekam to Lord Mahalingeswara. Our temple houses a sacred and revered Bana Lingam, which was bestowed upon us by a Siddha purusha through our beloved Guruji. Maha Sivarathri is an opportune time for us to worship and pay our respects to this sacred Lingam with unwavering devotion.

During your visit to the temple, I kindly request everyone to maintain a peaceful and serene atmosphere, allowing us to fully immerse ourselves in the prayers, positive energy, and divine vibrations that fill the temple. Maha Sivarathri will be celebrated on March 8th from 6pm until midnight. I urge you not to miss this auspicious event. As it falls on a weekend, devotees can take the day off on Friday to fully enjoy and receive the blessings of Sri Mahalingeswara.

**Lovingly yours,**

**Pandit Rajagopalan Mama.**

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### UPCOMING EVENTS

Bhairava Ashtami/Madyashtami	- 03/03/24
Ekadasi	- 03/06/24
Masa Shiva Ratri	- 03/08/24
Amavasya	- 03/10/24
Karendiyaan Nombu	- 03/10/24
Skanda Shashti	- 03/15/24
Ashtami	- 03/17/24
Ekadasi	- 03/20/24
Pradosham	- 03/22/24
Pournami	- 03/24/24
Sankatahara Chaturthi	- 03/28/24

**FOLLOW US ON INSTAGRAM & FACEBOOK FOR MORE LIVE UPDATES AND EVENT SCHEDULES.**



# SRI SAI BABA'S DIVINE WORDS



“Wisdom is living in harmony with nature and the universe.”



“Strength is not the absence of fear but the ability to face it head-on.”



“Wisdom is the light that dispels ignorance and brings clarity.”

# SRIDHARAMRUTHAM



WHEN YOU HAVE THE BLESSINGS OF YOUR PITRUS, YOUR MIND WILL BE CRYSTAL CLEAR..... YOU WILL BE A LEADER TAKING HONEST DECISIONS AND THE PEOPLE AROUND YOU WILL BE BENEFITTED... NEVER ONE CAN AFFORD TO IGNORE HIS ANCESTORS



UNLESS THE ELDERS SHED THE ATTITUDE OF 'THEY KNOW EVERYTHING.... OR THEY ARE ALWAYS RIGHT' IT IS DIFFICULT FOR THEM TO UNDERSTAND THE FEELINGS OF YOUNGSTERS AND RESPOND MATURE....



THE STRUGGLES IN LIFE SHOULD BRING BETTER MATURITY IN YOU AND SELF PITY SHOULD NOT TAKE OVER YOU.... ONE NEEDS TO BE WEDDED TO PATIENCE IN LIFE TO LEARN OUT OF STRUGGLES.... YOU CAN'T ASK QUESTIONS LIKE, ' HOW LONG SHOULD I STRUGGLE?'.... THAT ATTITUDE SHOWS THAT YOU ARE BECOMING IMPATIENT WITH YOUR LIFE.... THIS WILL LEAD TO ANGER, FRUSTRATION AND FINALLY DEPRESSION....

# A STORY FROM SAI SATCHARITRA



## Chapter 9- BABA FED SUMTUOUSLY

Once, Mrs. Tarkhad was staying in a certain house in Shirdi. At noon, meals were ready and dishes were being served, when a hungry dog turned up there and began to cry, Mrs. Tarkhad got up at once and threw a piece of bread, which the dog gulped with great relish. In the afternoon, when she went to the Masjid and sat at some distance, Sai Baba said to her, "Mother, you have fed Me sumptuously up to my throat, My afflicted pranas (life-forces) have been satisfied. always act like this, and this will stand you in good stead. Sitting in this Masjid I shall never, never speak untruth. Take pity on Me like this. First give bread to the hungry, and then eat yourself. Note this well." She could not at first understand the meaning of what Baba said. So she replied -- "Baba, how could I feed You? I am myself dependent on others and take my food from them on payment." Then Baba replied -- "Eating that lovely bread I am heartily contented and I am still belching. The dog which you saw before meals and to which you gave the piece of bread is, one with Me, so also other creatures (cats, pigs, flies, cows etc.) are one with Me. I am roaming in their forms. He, who sees Me in all these creatures is My beloved. So abandon the sense of duality and distinction, and serve Me, as you did today." Drinking these nectar-like words, she was moved, her eyes were filled with tears, her throat was choked and her joy knew no bounds.

## MORAL

"See God in all beings" is the moral of this chapter. The Upanishads, the Geeta and the Bhagwat, all exhort us to perceive God or Divinity in all the creatures. By the instance given at the end of this Chapter and others too numerous to mention. Sai Baba has practically demonstrated to us how to put the Upanishadic teachings into practice. In this way Sai Baba stands as the best Exponent or Teacher of the Upanishadic doctrines.

# SUPPORT YOUR TEMPLE



## **DOLLAR-A-DAY**

**[CLICK to Signup](#)**

Giving Dollar a day means supporting the initiatives that the temple has undertaken on a regular basis such as, rescuing cows and building Goshala, Donating 1000's gallons of milk for infants & conducting regular cultural and religious activities.



## **BIRTHDAY'S & ANNIVERSARIES**

**[CLICK to Signup](#)**

Make your special days truly special! As you step in to a new year in your blessed life, Sai Narayana Temple would love to be a part of it, You could participate in a simple Abhishekam and Archana to take blessing from Baba on your special day.



## **MORE INFORMATION**

**[CLICK to Signup](#)**

For more information on how to donate, how to contribute to our unique Sai Narayana Temple initiatives and our charitable activities please visit our temple website donations page.



# THURSDAY ABHISHEKAMS



Thursday Abhishekam's are special. As Thursday's are for Guru's, let's pray to our ever loving Baba. We have posted below a few pictures of our special Thursday abhishekam's.



# ATTUKAL PONGAL CELEBRATIONS

Here are a few pictures from Attukal Pongal celebrations to view and enjoy..



# MAHA SHIVRATRI CELEBRATIONS



## **Sri Sai Amrutha Narayana Temple**

340 Three Chopt Road, Manakin Sabot, VA 23103

### **Maha Sivarathri Celebration**

**March 8, 2024**



### **Abhishekham for Lord Mahalingeswara**

**6:00 PM-9:00 PM : Ekadasa Rudram Chanting**

**9:00 PM-12:00 AM : Ekadasa Rudram Chanting**

**12:00 AM-12:30 AM : Maha Aarthi**



For sponsorship details, please contact Smt. Sarada Jammi # 804 868 5751 or Pandit  
Rajagopalan # 804 708 3007

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