



SRI SAI AMRUTHA NARAYANA TEMPLE

340 THREE CHOPT ROAD, MANAKIN SABBOT, VA 23103.



SAI AMRUTHA JYOTHI

ISSUE 93

NOVEMBER, 2023

FROM OUR TEMPLE'S DESK ...

Sairam,

The two upcoming events at our temple are Deepavali and Skanda Shashiti. We will be celebrating Lord Muruga or Subramanya swamy for six days during the Skanda Shashti. On the first day, we will perform abhishekam to the Lord along with his consorts using 108 gallons (336 liters or Lagusahasram) of milk. For six days, we will offer abhishekam and prayers to Lord Muruga.

Starting from January 1st 2024, devotees can sponsor a pooja/abhishekam on the eve of their wedding anniversary or birthday of any of their family members. Devotees can choose between participating in person or making the payment online. Some physical service is always welcome and appreciated. This would be a great way to teach our future generations about our culture and practices. Parents have to be role models for their children to get involved in community service. Involving oneself in service would be a welcome break from the running race we are part of in our daily mundane lives. Moreover, it would make one feel satisfied and blessed. Offering service in this kshetram would result in good physical health and abundant peace of mind. You will experience a vast difference in yourself as you become involved in service.

One of our new projects is the building of Ayyappa temple complete with eighteen steps just like the one in Sabarimala. We will be performing a Mantra, Tantra and Yantra, Pratishta as per Prayoga Shastra by placing two yantras per step. This will be similar to the yantra pratishta done by Sri Parasurama. Our beloved Sri V.V. Sridhar Guruji will be performing the pratishta next year. Devotees can not only support us through monetary donation but also through physical services. This will grant blessings from God as well as self satisfaction. But above all, it will set an example for future generation about the importance of service in our culture.

Lovingly yours,

Pandit Rajagopalan Mama.

INSIDE THIS ISSUE

Upcoming events	- 1
Baba's divine words	- 2
Sridharamrutham	- 3
Satcharitra Story	- 4
Support Your Temple	- 5
Thursday pics	- 6
Navaratri Pics	- 7
Skanda Shashti	- 8
Ayyappa Temple	- 9

UPCOMING EVENTS

Bhairava Ashtami	- 11/05/23
Ekadasi	- 11/08/23
Prodosham	- 11/10/23
Masa Sivaratri	- 11/11/23
Amavasya/Deepavali	- 11/12/23
Subramanya Shashti	11/13/23 - 11/18/23
Ekadasi	- 11/23/23
Pradosham.	- 11/24/23
Thanksgiving Annakoot	- 11/25/23
Krithigai	- 11/26/23
Karthika Pournami	- 11/27/23
Sankatahara Chaturthi	- 11/30/23

FOLLOW US ON INSTAGRAM & FACEBOOK FOR MORE LIVE UPDATES AND EVENT SCHEDULES.



SRI SAI BABA'S DIVINE WORDS



Do not be obsessed with egotism, imagining that you are the cause of action: everything is due to God.



Death and Life are the manifestations of God's activity. You cannot separate the two. God permeates all.



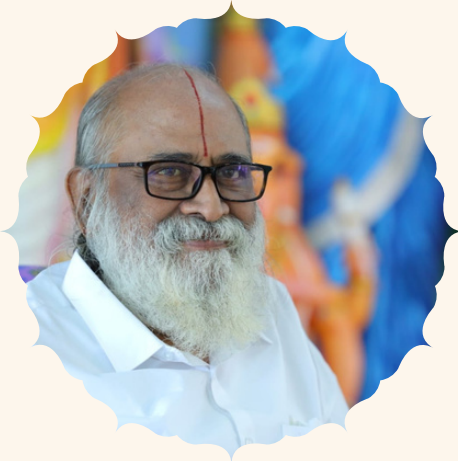
If one devotes their entire time to me and rests in me, need fear nothing for body and soul. If one sees me and me alone, they will reach God.

SRIDHARAMRUTHAM



LOVE IS NOT A RELATIONSHIP.... LOVE IS YOUR VERY BEING... A RELATIONSHIP IS BUILT OVER A PERIOD OF TIME.... WHEN LOVE IS YOUR BEING , IT WILL BE SPORADIC AND SPONTANEOUS...LOVE DOESN'T NEED ANY TIME TO GATHER UP...

IT WILL JUST IGNITE LIKE THE FIRE AND THE COTTON SIDE BY SIDE... RELATIONSHIP IS MANIPULATIVE... IT CALCULATES... IT TAKES TIME... IT BRINGS IN THE MIND... IT IS IN TO COMPARISONS... GOOD OR BAD, BEAUTY OR UGLY, CONVENIENT OR INCONVENIENT, YOUNG OR OLD ETC., BUT LOVE IS MORE FROM THE HEART... MIND CAN SPEAK.... MIND IS CAPABLE OF TRICKS.... MIND IS A MATHEMATICIAN.. IT MANIPULATES.... HEART CAN'T SPEAK.. HEART CANNOT DUPE.... HEART DOESN'T KNOW TRICKS.... THATS WHY IN LOVE IT IS JUST SILENCE... IT IS GOLDEN... LOVE IS A CELEBRATION... LOVE IS THERAPEUTIC.... MIND IS NEUROTIC...



DHARMA....

DAANAM BOGO NASHASTHISRO, GATAYE BHAVANTHI VITTHASYA...

YO NA DADDHATHI BHUDAKTHE,
TASYA TRITEEYAGATHIRBHAVATHI,,,,,

MONEY CAN BE IN 3 STATES...

- CHARITY
- ENJOYMENT
- LOSS

ONE WHO NEITHER DONATES NOR ENJOYS WITH HIS MONEY ENDS UP LOSING IT.....



A STORY FROM SAI SATCHARITRA



Chapter 7: Baba's Yoga Practices

Baba knew all the processes and practices of Yoga. Two of them will be described here:

(1) **DHAUTI or CLEANING PROCESS:** Baba went to the well near a Banyan tree at a considerable distance from the Masjid every third day and washed his mouth and had a bath. On one occasion, He was seen to vomit out his intestines, clean them inside and outside and place them on a Jamb tree for drying. There are persons in Shirdi, who have actually seen this, and who have testified to this fact. Ordinary Dhauti is done by a moistened piece of linen, 3 inches broad 22 1/2ft. long. This piece is gulped down the throat and allowed to remain in the stomach for about half an hour for being reacted there and then taken out. But Baba's Dhauti was quite unique and extraordinary.

(2) **KHANDA YOGA:** In this practice, Baba extracted the various limbs from His body, and left them separately at different places in the Masjid. Once, a gentleman went to the Masjid, and saw the limbs of Baba lying separately at separate places. He was much terrified; and he first thought of running to the village officers, and informing them of Baba being hacked to pieces and murdered. He thought that he would be held responsible, as he was the first informant, and knew something of the affair. So he kept silent. But next day when he went to the masjid, he was very much surprised to see Baba, hale and hearty and sound, as before. He thought, that what he had seen the previous day, was only a dream.

Baba practised Yoga since, His infancy and nobody knew or guessed the proficiency He attained. He charged no fees for His cures, became renowned and famous by virtue of His merits, gave health to many a poor and suffering person. This famous Doctor of doctors cared not for His interests, but always worked for the good and welfare of others, Himself suffering unbearable and terrible pain many a time in the process. One such instance, I give below, which will show the all-pervasive and most merciful character of Sai Baba.

SUPPORT YOUR TEMPLE



DOLLAR-A-DAY

[CLICK to Signup](#)

Giving Dollar a day means supporting the initiatives that the temple has undertaken on a regular basis such as, rescuing cows and building Goshala, Donating 1000's gallons of milk for infants & conducting regular cultural and religious activities.



BIRTHDAY'S & ANNIVERSARIES

[CLICK to Signup](#)

Make your special days truly special! As you step in to a new year in your blessed life, Sai Narayana Temple would love to be a part of it, You could participate in a simple Abhishekam and Archana to take blessing from Baba on your special day.



MORE INFORMATION

[CLICK to Signup](#)

For more information on how to donate, how to contribute to our unique Sai Narayana Temple initiatives and our charitable activities please visit our temple website donations page.



THURSDAY ABHISHEKAMS



Thursday Abhishekam's are special. As Thursday's are for Guru's, lets pray to our ever loving Baba. We have posted below a few pictures of our special Thursday abhishekam's.



NAVARATRI CELEBRATIONS

Special abhishekams and alankarams were done every day this Navaratri. Here are some pictures if you have missed seeing it live at the temple.



SKANDA SHASHTI



Praying to Lord Subrahmanyeswara Swami is good for health, for children's education and prosperity, to gain focus for kids, for anyone who wants to get married or to get progeny and to help in curing ailments for kids (especially kids with ear issues, speech delay and autism). Opportunities like this come once a year and will have long lasting blessings. Please participate in this event.



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Skanda Shashti Celebrations

November 13th: At 6:00 pm

Lagu Sahasra Kshira

Abhishekam

(336 litres/108 gallons of Milk)

November 14 - November 18:

At 5:30 am (Daily)

Pancha Dravya Abhishekam

One day sponsorship : \$151

All 6 days sponsorship : \$516

All are welcome to participate



For more information please contact:

Pandit B. Rajagopalan # 804-708-3007 | Sarada Jammi # 804-868-5751

AYYAPPA TEMPLE CONSTRUCTION



Sri Sai Amrutha Narayana Temple

340, Three Chopt Road, Manakin Sabbot, VA 23103



*Our Ayyappa Swamy
Temple Construction is in
Progress !!!*

*It is a rare opportunity to participate in
building Ayyappan Sannidhi.
Help in this Mandir construction by
donating generously - Every Dollar
Counts!*

*Donate \$ 1,116 or more, to
have your family name etched on our
Temple Divine Tree* permanently!*

*Mandir target completion date: Makara
Sankranti 2024*

**For more information Please Contact:
Pandit Rajagopalan # 804-708-3007
Sarada Jammi # 804-868-5751*



GURUJI'S VISITING US IN DECEMBER



Sri Sai Amrutha Narayana Temple

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We are thrilled to inform that

Our Master

Sri. V.V. Sridhar Guruji

will be performing

a Yantra Puja

at our temple on

Saturday, 23rd Decmber 2023

Stay Tuned for more details...

All are welcome!!

For more information please contact:

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