

SRI SAI AMRUTHA NARAYANA TEMPLE

340 THREE CHOPT ROAD, MANAKIN SABBOT, VA 23103.



SAI AMRUTHA JYOTHI

ISSUE 88 • JUNE, 2023

FROM OUR TEMPLE'S DESK ...

Sairam,

I would like to talk about the Gosamrakshanam taking place at our temple. Gosamrakshanam not only grants Pitru kataksham (blessings) but also helps children get a good education. It also helps with securing suitable marriage alliances. As per our Hindu tradition, Gosamrakshanam is very important. We use ghee made from cow milk for havan, cow dung for homam and cow urine for Shuddhi. We use everything we receive from the cow for various prayers. We take the cow to housewarming ceremonies, and we perform pooja for the cow during important festivals. Cow is considered a very important part of Hindu tradition. In the USA, there are very few temples which have a Goshala attached to them. Currently, our temple is a proud home to nine cows. We need help and support from the devotees in feeding the cows and physically helping us with maintaining the Goshala. Gosamrakshanam will grant everyone peace of mind and mental strength. Thank you all.

Lovingly yours,

Pandit Rajagopalan Mama.



FOLLOW US ON INSTAGRAM & FACEBOOK FOR MORE LIVE UPDATES AND EVENT SCHEDULES.



SRI SAI BABA'S DIVINE WORDS



Let love flow so that it cleanses the world. Then man can live in peace, instead of the state of turmoil he has created through his past ways of life, with all those material interests and earthly ambitions.



I shall be active and vigorous even from the tomb.



Man seeks to change the foods available in nature to suit his tastes, thereby putting an end to the very essence of life contained in them.

SRIDHARAMRUTHAM



BE ALERT TO CHECK ON YOURSELF... INTROSPECT YOURSELF.... STOP INSPECTING OTHERS... YOU HAVE COME IN TO THIS WORLD TO CORRECT YOURSELF AND NOT OTHERS... MAKE A RESOLUTION EVERY DAY AS YOU GET UP. THAT YOU WILL PERFORM ATLEAST ONE ACT OF KINDNESS FOR THAT DAY TO ATLEAST ONE PERSON... SLOWLY AND STEADILY FILL YOUR DAYS WITH TOTAL ACTS OF KINDNESS TO ALL... TRY TO UNDERSTAND OTHERS... TRY TO UNDERSTAND THEIR VIEWS. FEELINGS ... **RESPOND HUMANLY TO THEM... FOR THAT** TO HAPPEN YOU MUST BE ALERT...



SCIENCE IS GOOD....TECHNOLOGY IS GOOD...MATHEMATICS IS GOOD.... CALCULATIONS ARE GOOD.... PLANNING IS GOOD...MANAGEMENT IS GOOD... COMPUTERS ARE GOOD...BUT IF ONE THINKS, THIS IS ALL IS LIFE, THEN DEFINITELY HE IS THE BEST 'IDIOT' IN THIS WORLD....

A STORY FROM SAI SATCHARITRA

Chapter 3:

The story of the Rohilla illustrates Sai Baba's all embracing love. One Rohilla, tall and well built, strong as a bull, came to Shirdi, wearing a long Kafni (robe) and was enamoured of Sai who stayed there. Day and night he used to recite in a loud and harsh tone Kalma (verses from Holy Koran) and shout "ALLAH HO AKBAR" (God is Great). Most people of Shirdi were working in their fields by day and when they returned to their homes at night, they were welcomed with the Rohilla's harsh cries and shouts. They could get no sleep and felt much trouble and inconvenience. They suffered in silence this nuisance for some days, and when they could stand it no longer, they approached Baba, and requested Him to check the Rohilla and stop the nuisance. Baba did not attend to their complaint. On the contrary, Baba took the villagers to task, and asked them to mind their own business, and not the Rohilla. He said to them that the Rohilla had got a very bad wife, a Zantippi, who tried to come in and trouble the Rohilla and Himself; but hearing the Rohilla's prayers, she dare not enter and they were at peace and happy. In fact, the Rohilla had no wife and by his wife Baba meant DURBUDDHI, i.e. bad thoughts. As Baba liked prayers and cries to God better than anything else, He took the side of the Rohilla, and asked the villagers to wait and suffer the nuisance, which would abate in due course.

One day at noon after the Arati, devotees were returning to their lodgings, when Baba gave the following beautiful advice:-

"Be wherever you like, do whatever you choose, remember this well that all what you do is known to Me. I am the Inner Ruler of all and seated in their hearts. I envelope all the creatures, the movable and immovable world. I am the Controller – the wirepuller of the show of this Universe. I am the mother – origin of all beings – the Harmony of three Gunas, the propeller of all senses, the Creator, Preserver and Destroyer. Nothing will harm him, who turns his attention towards Me, but Maya will lash or whip him who forgets Me. All the insects, ants, the visible, movable and immovable world, is My Body or Form".

SUPPORT YOUR TEMPLE

DOLLAR-A-DAY

<u>CLICK to Signup</u>



Giving Dollar a day means supporting the initiatives that the temple has undertaken on a regular basis such as, rescuing cows and building Goshala, Donating 1000's gallons of milk for infants & conducting regular cultural and religious activities.



BIRTHDAY'S & ANNIVERSARIES <u>**CLICK to Signup</u>** Make your special days truly special! As you step in to a new year in your blessed life, Sai Narayana Temple would love to be a part of it, You could participate in a simple Abhishekam and Archana to take blessing from Baba on your special day.</u>

MORE INFORMATION

CLICK to Signup

For more information on how to donate, how to contribute to our unique Sai Narayana Tample initiatives and our charitable activities please visit our temple website donations page.



THURSDAY ABHISHEKAMS

Thursday Abhishekam's are special. As Thursday's are for Guru's, lets pray to our ever loving Baba. We have posted below a few pictures of our special Thursday abhishekam's.





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Presents

GURUPOORNIMA SPIRITUAL RETREAT

SAT, JULY 01 - TUE, JULY 04

DAY 01: JULY 01

RUNA VIMOCHANA GANAPATHI ABHISHEKAM Kalasa Sthapana Venkateshwara Swamy Kalyanam Sudarshana yantra Puja

DAY 02: JULY 02

PRATHYAMGIRA DEVI ABHISHEKAM Lalitha sahasranamam Sudarshana yagnam

DAY 03: JULY 03 (GURUPOORNIMA)

BABA PANCHA DRAVYA ABHISHEKAM BABA KALASABHISHEKAM MADHYANA AARTI DHOOP AARTI PALKI SEVA SAI SATYA VRATAM

DAY 04: JULY 04

VRIKSHA BHAIRAVA ABHISHEKAM Saligrama Aaradhana with ekadasa Rudram

Free for all

All are welcome to participate in the multiday uplifting spiritual events

Food (Prasadam) provided on all days

17 & 18 June 2023

ICAPS

Sangeetha Natya

Usher in the Summer with Indian Classical Music and Dance Held Outdoors for the 1st Time Ever at the Sai Temple's Vriksha Bhairava Kshetram

Saturday, 6/17:

- All-day music and dance performances by students
- Lec-demo: "Compositions of Sri Koteeswara Iyer" by Sri Vignesh Nurani Subramanian @ 11:30 am
- Featured Dance Program: Kiran Rajagopalan (Bharatanatyam) @ 6pm

Sunday, 6/18:

- All-day music and dance performances by students
- Abhinaya Showcase by Dance Educators @ 10:30 am
- Featured Music Program: Hari Kappiyoor (Veena) @ 5 pm

Free to Public Food Available for Purchase Sri Sai Narayana Organization 340 Three Chopt Rd Manakin-Sabot, VA 23103