



Sri Amrutha Sai Narayana Sarveswaralaya

340 Three Chopt Rd Manakin Sabot VA 23103
Ph # 804 708 0867



MASTER'S DIVINE WORDS

*LIVE LIFE WITHOUT REGRETS...
LIVING LIFE WITH FUMING WITH ANGER
AND RESENTMENT IS NO LIVING...
HOWEVER THE OTHER PERSON IS
PRACTICE TO BE NON JUDGEMENTAL...
YOU ALWAYS STRIVE TO BE A GIVER...
YOU ALWAYS TRY TO BE A CARE GIVER...
GIVING IS PLEASURE...*

*DOING POOJA, PUNASKARAS IS OF NO USE
IF YOU CARRY ANGER AND RESENTMENT...
THERE IS NO NECESSITY TO DO PRAYERS
IF YOU SHOWER LOVE AND COMPASSION
EVEN ON YOUR OPPONENTS...
PRAYER IS LOVE...
PRAYER IS FORBEARANCE...
PRAYER IS ACCEPTANCE...*

*SERVICE IS NOT A MATTER OF CHOICE...
YOU WILL DO AS LONG AS HE WILLS...
ONCE HE HAS DECIDED NOT TO TAKE ANY-
MORE FROM YOU, THE DEVIL IN THE MIND
WILL GIVE YOU IDEAS AND YOU WILL STOP
DOING SERVICE....*

~~~~His Holiness Sri V.V. Sridhar Guruji

### Inside this issue

|                       |      |
|-----------------------|------|
| Master's Divine Words | 1    |
| Upcoming Events       | 1    |
| Sridharamrutham       | 2    |
| Baba's Assurance      | 3-5  |
| Know your temple      | 6    |
| A Pen in Devotion     | 7    |
| Just for Fun          | 9,10 |

### Upcoming Events

\*\*\*\*\*

- ◆ 3/02/2022 & 3/31/2022  
Amavasya
- ◆ 3/08/2022 & 3/23/2022  
Shashti (Krithikai)
- ◆ 3/10/2022 & 3/25/2022  
Ashtami
- ◆ 3/14/2022 & 3/28/2022  
Ekadasi
- ◆ 3/15/2022 & 3/29/2022  
Pradosham
- ◆ 3/17/2022  
Holi Pournami
- ◆ 3/21/2022  
Sankashtahara Chaturthi  
Rahu & Ketu Pairechi
- ◆ 3/30/2022  
Masa Sivarathri

### Festivals

\*\*\*\*\*

- ◆ 3/01/2022  
Maha Sivarathri
- ◆ 3/08/2022  
Skanda Shashti
- ◆ 3/14/2022  
Kaarandai Nombu
- ◆ 3/15/2022  
Sri Jayendra Saraswati  
Aradana

**Sai Amrutha Jyothi**

**SRIDHARAMRUTHAM****A TRUTHFUL PRAYER....**

HEY BHAGAWAN!

SURRENDER IS TOO BIG A WORD FOR ME.

I AM VERY NORMAL  
AND  
I AM THE WAY YOU HAVE MADE ME.

I HAVE SOME DESIRES.

I PRAY TO YOU SINCERELY.

MY PRAYERS ARE SINCERE  
BUT  
THEY ARE WITH A CONDITION.

YOU HAVE TO FULFIL THAT CONDITION.

MY PRAYERS ARE SELFISH  
BUT  
I AM TRUTHFUL WHILE EXPRESSING  
THE REASON FOR MY PRAYERS.

THESE WORDS TOO ARE A GIFT FROM YOU.

SO SEE THAT MY PROBLEMS ARE SOLVED.

IT IS GETTING ONTO MY NERVES BHAGAWAN!

~~~~His Holiness Sri V.V. Sridhar Guruji

Sai Baba's all pervasiveness – Baba knows devotee's past, present & future!

Sadguru Sai Baba knows all about His devotees – their past births and doings, present life, and future as well. On several occasions, this greatness is realized by all the Sai devotees. The story of Kakaji Vaidya is a prime example of this. This story is like pure nectar. He who drinks it, will realize Sai's greatness and all-pervasiveness. Those who want to argue and criticize, should not go in for these stories. What is wanted here is not discussion but unlimited love and devotion. Now to the story of this Chapter.

KAKAJI VAIDYA

There lived in Vani, Nasik District, a man named Kakaji Vaidya, who was the priest of the Goddess Sapta-Shringi there. He was so much overwhelmed with adverse circumstances and calamities that he lost peace of mind and became quite restless. Under such circumstances one evening he went into the temple of the Goddess and prayed unto Her from the bottom of his heart and invoked Her aid to free him from anxiety. The Goddess was pleased with his devotion and the same night appeared to him in his dream and said to him, "You go to Baba and then your mind will become calm and composed". Kakaji was anxious to know from Her who Baba was, but before he could get any explanation, he was awakened. Then he began to think as to who might be that Baba, to whom the Goddess had asked him to go. After some thinking, he resolved that this Baba might be 'Tryambakeshwar' (Lord Shiva). So, he went to the holy place 'Tryambak' (Nasik District) and stayed there for ten days. During this period, he bathed early in the morning, chanted the 'Rudra' hymns, did the 'Abhishekam' (pouring unceasingly fresh cold water over the Pindi) and did other religious rites; but with all that, he was as restless as before. Then he returned to his place and again invoked the Goddess most pitifully. That night Goddess again appeared in his dream and said - "Why did you go to Tryambakeshwar in vain? I mean by Baba - Shri Sai Samarth of Shirdi."

The question before Kakaji now was, 'How and when to go to Shirdi and how to see Baba? If anybody is in real earnest to see a Saint, not only the Saint but God also, fulfills his wish. In fact, the 'Sant' (Saint) and the 'Anant' (God) are one and the same; there is not the least difference between them. If anybody thinks that he will go himself and see a Saint, that will be a mere boast. Unless the Saint wills it, who is able to go and see him?

Even the leaf of the tree won't move without His bidding. The more anxious a Bhakta is for the saint's visit, the more devout and faithful he is, the more speedily and effectively is his wish satisfied to his heart's content. He who invites anybody for a visit, also arranges everything for his reception, and so it happened with Kakaji.

SHAMA'S VOWS

When Kakaji was thinking his visit to Shirdi, a guest came to him at his place to take him to Shirdi. He was no other than Shama, a very close and intimate devotee of Baba. How he came to Vani at this juncture, we shall just see.

Shama was severely ill when he was very young and his mother had taken a vow to her family Goddess Sapta-Shringi at Vani, that if her son got well, she would bring and dedicate him at Her feet. Then after some years, the mother herself suffered much from ringworms on her breasts. At that time, she again took another vow to her Deity that if she got all right, she would offer Her two silver breasts. These two vows remained unfulfilled. At her death-bed she called her son Shama to her and drew his attention to the vows and after taking a promise from him that he would fulfill them, she breathed her last. After some time, Shama quite forgot about these vows and thus 30 years elapsed.

About this time a famous astrologer had come to Shirdi and stayed there for a month. His predictions in the case of Shriman Booty and others came true and everybody was satisfied. Shama's younger brother Bapaji consulted him and was told that his mother's vows were not yet fulfilled, and hence the Goddess was displeased with them and bringing troubles on them.

Bapaji told this to his brother Shama who was then reminded of the unfulfilled vows. Thinking that any further delay would be dangerous, he called a goldsmith and got a pair of silver breasts prepared. Then he went to the Masjid, prostrated himself before Baba and, placing before Him the two silver breasts, requested Him to accept them and free him from the vows as, Sri Sai was to him his Sapta-Shringi Goddess. Baba refused to accept it and insisted upon Shama to go himself to the temple of Sapta-Shringi and offer them in person at the feet of the Goddess. After taking Baba's permission and Udi, he left for Vani and searching for the priest came to Kakaji's house. Kakaji was then very anxious to visit Bab and Shama went there to see him, at that very time. What a wonderful coincidence is this!

SAI BABA'S ALL PERVASIVENESS

Kakaji asked him who he was and where he had come from, and on learning that he came from Shirdi, he at once embraced him. So overpowered was he with love! Then they talked about Sai-leelas and after finishing the rites of Shama's vows, they both started for Shirdi.

On reaching Shirdi, Kakaji went to the Masjid and fell at Baba's Feet. His eyes were soon bedewed with tears, and his mind attained calmness. According to the vision of the Goddess, no sooner did he see Baba, that his mind lost all its restlessness and it became calm and composed. Kakaji began to think, in his mind, "What a wonderful power is this! Baba spoke nothing, there was no question and answer, no benediction pronounced; the mere darshana itself was so conducive to happiness; the restlessness of my mind disappeared by His mere darshan, consciousness of joy came upon me - this is what is called 'the greatness of darshan'. His vision was fixed on Sai's feet and he could utter no word. Hearing Baba's Leelas, his joy knew no bounds. He surrendered himself completely to Baba, forgot his anxiety and cares and got undiluted happiness. He lived happily there for twelve days and after taking Baba's leave, Udi and blessings returned home.

As you can see, the above story demonstrates that Baba knows the past, about vows of Shama's mother, and of Kakaji's current predicament, and skillfully arranged to bring Kakaji to Shirdi, by sending Shama. There are several other incidents, where Baba arranged to bring his sparrows (devotees) to Shirdi, through Shama, Nana Saheb Chandorkar, and Das Ganu ji.

Reference: Based on Excerpts from Shri Sai Satcharita

Compiled by Babu Jammi

Know your temple

Do you know about our Sri Mruthyumjaya Bhairava?

Sri Mruthyumjaya Bhairava swamy

You may know, Lord Bhairava is a form of Shiva. There are several forms of Bhairava. While most commonly known to all are Kaala Bhairava and Kshetrapala Bhairava, there are several other forms, to be precise 264 of them, which includes Sri Mruthyumjaya Bhairava. Mruthyumjaya Bhairava is a very important deity, and it is one of the rarest forms of Bhairava.

At our Sai Amrutha Narayana temple, you can see Sri Mruthumjaya Bhairava vigraha in the main temple to the right side of main altar, facing south direction.



Mruthyumjaya Bhairava helps us to avoid untimely death (apamruthyu nivaraka) and grants us with long and healthy life. Prayers to Him are especially beneficial for those seeking cure from illness.

Abhishekam: Abhishekam to Lord Mruthyumjaya Bhairava is performed every Monday and on Ashtami thithi.

A PEN IN DEVOTION

I am Not....

I am not a slave to this body and mind,
Beyond them is a dimension I am set to find.

With yoga and Kriya the I will bind,
Sadhguru is in this moment, neither fast forward nor rewind!!

I am not a heap of role and recognition.
Beyond them is a land of plain attention.

With awareness and focus, I will be meditation,
Sadhguru is in this moment, it is inclusion and liberation!

I am not the result of your material output,
Beyond it is a space where Grace is barefoot.
With gratitude and reverence to the five elements input.

Sadhguru is in this moment, it is bliss at our root.

~ By Mahalakshmi Iyer

A SNIPPET ON MY VISIT TO DEVERMANE*

Clock ticking close to 5 pm, reached the foot of a distant and desolate hill,

Excitement hitting it's all time high, set out on an expedition at own will.

Trudging an hour through the narrow pathway of rocks and pebbles uphill,

Set foot on a scenic beauty that kept the mind still.

While droplets of sweat rolled down, the breeze decided to gently caress the
cheek,

Assimilating the adrenaline, that the picturesque place had to offer to the
bleak.

As if the Sun had long been waiting to greet us, at the peak,

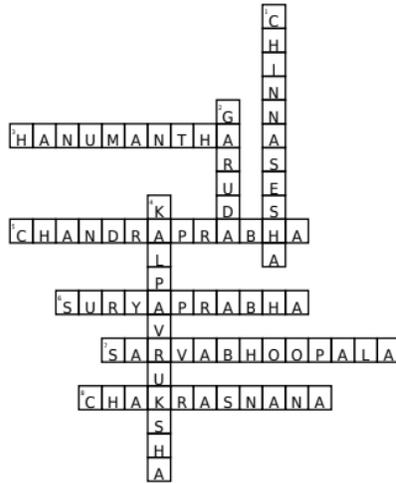
Setting into the hills, spreading it's redness all over the sky by instilling
confidence into the weak.

~ By Mandakini Devulapalli

* A hill-station in Karnata

Just for Fun – Tejaswi Dasari

Crossword Puzzle Solution– Rathasapthami vahanams & Timings



Down:

1. 9.00am-10am
2. 11.00am-12noon
4. 4pm-5pm

Across:

3. 1pm-2pm
5. 8pm-9pm
6. 5.30am-8am
7. 6pm-7pm
8. 2pm-3pm

Kolam – Sangeetha Sridhar

Do you want to know how to make this beautiful **Innovative Lotus Rangoli Kolam** shown in the picture?

You can watch the process of making this Kolam on our YouTube page Sai Amrutha Jyothi or you can use this following link:

<https://youtu.be/pXRLNp-DkEU>

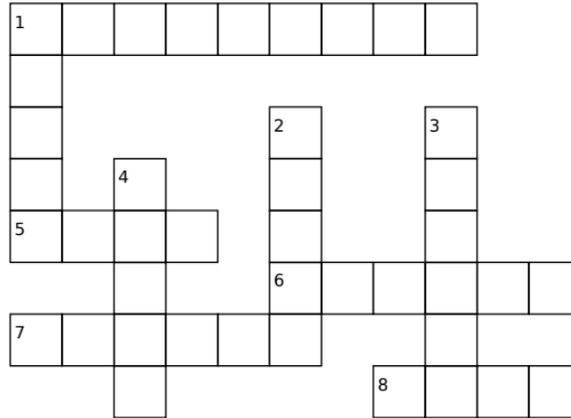


Please like, share and subscribe to our YouTube channel.

https://www.youtube.com/channel/UCvcLCGOv_5IAUYxA2vA4eqQ

Just for Fun – Tejaswi Dasari

CROSSWORD PUZZLE



Down:

1. The Sun God
2. The Destroyer among the Supreme Triad
3. The Creator among the Supreme Triad
4. The King of Devas

Across:

1. The Goddess of Knowledge
5. The Fire God
6. The Preserver among the Supreme Triad
7. The God of Sky and Oceans
8. The God of the Underworld and Death

SPOT THE DIFFERENCES

Spot 6 differences between the 2 pictures



Blissful visit to the temple

By Mrs. Dasari

I was in the USA to visit my daughter, we always wanted to go to the Sai Amrutha Narayana Temple as we were following events at the temple very closely.

It was a spectacular experience to see how it looks, how much divinity the place carries. Mind just calms down, you go into a meditative state without doing much. I fell in love with the vigrahams and alankarams, it's beautifully done and maintained. I have been blessed with an opportunity to be at the temple for about 3 days, the way everything is conducted



at the temple makes me think how much dedication the volunteers have and that I would also like to do my bit by being there and helping around. I got to know more about myself by being there. I was enthusiastic in spite of a 20 hour drive just by being there. I felt peace. Lord resides there, you'll just feel it. Vriksha Bhairava temple is simply blissful, the lake and the trees are also extremely meditative. You feel so close with the nature, birds chirping, we also got to see a few cows around. I would request everyone to please visit the temple as many times as possible as it is just pure joy to be there.

If lord permits I want to visit many times more and enjoy the presence of lord.

Maha Shivaratri Celebrations

We celebrated Maha Shivaratri grandly on March 1st 2022 .
We performed Ekadasa Rudram twice to Lord Shiva from 6 pm—12 am
&
Maha Aarthi to Sri Sai Amrutha Narayana at 12 am
Devotees performed abhishekam with milk to Lord Shiva (Siva Linga) on this
auspicious occasion.



Maha Shivaratri Celebrations

