



Sri Amrutha Sai Narayana Sarveswaralayam

340 Three Chopt Rd Manakin Sabot VA 23103
Ph # 804 708 0867

Sai Amrutha Jyothi

Words of Wisdom—From our Guruji



AMRUTHA VAKKULU

Mere possession of knowledge about 'Self' is impossible without taking into consideration the entire creation which contributed to the very idea of 'Self' within a person. In case if one attempts to realise 'Self' without thanking the elements of nature which made it possible, it would only be a 'Selfish' realization and not a 'Selfless' realization. Selfishness is just a product of bloated ego and is farthest from truth.

If you have already decided on a subject matter, never ask others views or opinions on the subject. Just have the courage to walk through it and implement it. After deciding something, expecting others to approve and ratify your decision is neither fair nor practicable.

It's not a perfect world. It's an imperfect world or rather a total world which is a mixture of perfections and imperfections. If the world becomes totally perfect, it becomes a dead world, there will be nothing to work upon. Probably we all will become angels and consequently lazy. Only the devil works constantly. Mind is a devil, it keeps working continuously. So as long as mind exists, work will exist, devil will exist.

With the mind/devil at work every moment, how is it possible to remain peaceful? It's virtually impossible. There are thousands of tricksters across the world who are teaching to tame the devilish mind. That's the wonder of the devil to trap you. They implant doership in mind, make you a sinner, make you feel guilty, then comes the real devil posing as an angel to pardon you of your sins. It's a big time business. Be Aware!

A man full of heart accepts a man full of mind and rejoices with him too, whereas a man full of mind thinks of a man full of heart as a madcap and maintains distance. Intelligence which accepts intellect has a heart full of compassion whereas intellect has a mind full of reasoning which rejects intelligence.

Inside this issue

Words of Wisdom	1
Upcoming Events	1
Sri Sai Satcharita in our daily life	2
PANCHATANTRA TALES	3
TOWARDS THE DIVINE	4
OUR GURUS—PART I	5
PRAYOGI PARAYANA	6

LORD'S MERCY

&

GRACE !!!

Upcoming Events

- ◆ 08/09/2019
Varalakshmi Vratam
- ◆ 08/11/2019
Ekadasi
- ◆ 08/12/2019
Pradosham
- ◆ 08/15/2019
Sravana Pournami
Yajur Upakarma
- ◆ 08/16/2019
Gayathri Japam
- ◆ 08/19/2019
Maha Sankatahara
Chaturthi
- ◆ 08/21/2019
Shasti
- ◆ 08/23/2019
Gokulashtami
- ◆ 08/30/2019
Amavasya



Baba's Sanskrit knowledge explaining a Geeta sloka Construction of Samadhi mandir.

To refute the claim that Baba did have proper knowledge of Sanskrit, Hemadpant narrates an incident when HE explained the true meaning of a Geeta sloka and later wrote another chapter to establish the truth. Hence, both 39 & 50 chapters are given here together.

One day Nana Saheb was murmuring a sloka when doing Pada seva to Sai. He was under the impression that Sai does not know Sanskrit. Baba asked him what he was saying for which Nana recited the verse 34 from the 4th chapter of Geeta.

Baba asked him to explain the meaning of the sloka. Nana replied that only by being humbly listening and serving a master one can understand the essence and only then the realized souls would explain the true meaning the ultimate Truth. Thereupon, Sai put forth several leading questions to expose the ignorance of Nana in not understanding the true meaning and patiently explained to him, when surrendered.

“One should surrender totally by giving up everything at the feet of the master and should not ask unnecessary questions in order to test the master. One should only ask appropriate questions with eagerness to understand the true essence of the Truth. Once a devotee thus surrenders himself

totally, the Guru would impart the true meaning to him.

The real Truth is- One is divine by himself and not just this body, soul or the world. Once the devotee gets rid of this ignorance, the master will make him understand that he himself is divine incarnate. There is no difference between Vasudev and the devotee. The Lord considers every devotee to be a Vasudev.”

Thus, Sai dispelled the wrong notion that He does not know Sanskrit and also imparted the sacred Truth to Nana sahib.

Construction of Samadhi Mandir

Once, a rich devotee Babu Saheb Buti thought of constructing a separate building in Shirdi. Baba came in his dream and instructed him to construct one near the temple. At the same time, Shama also had the same dream and marveled at Baba's leela and along with Kaka Saheb Dixit, devised a plan and submitted it to Baba who readily approved it. Once the construction started, Mr. Buti wanted to install Lord Krishna's statue and got it approved by Sai. Sai used to visit the construction site frequently and even assured them that once it is over, He Himself would personally live there happily. But as the work was going on, Baba attained Samadhi and Buti felt very sad as all his money has been gone to waste. But, at the time of His Samadhi, Baba told those around Him to place His Body in the Buti Vada which later became His abode as Sai Mandir, where millions of people visit for His Darshan even today!

**BOW TO SRI SAI
PEACE BE TO ALL!!**

LIFE APPLICATIONS

- * Never under estimate SAI's knowledge.
- * Total surrender to the master is the sure way of attaining the truth.
- * Firmly understand that you are divine.
- * Know that everything is his divine will only.

Sri Satchitananda

Sadhguru

Sainath Maharaj

Ki

JAI!!!



Saiamrutham — “You must be a lotus unfolding its petals when the sun rises in the sky, unaffected by the slush where it is born or even the murky water which sustains it. “

THE FOUR TREASURE SEEKERS

Four men lived in a town. They were great friends, scholars in their own field, but they could not earn much in their town and were very poor. So, one day, they decided to leave their town, go to other cities and become richer. After bidding farewell to their friends and relatives, they left their town.

After a while, they reached a Shiva temple. They bathed and prayed in the temple. There they met a Yogi and followed him to his ashram. The Yogi enquired who they were and why they have come there. The men explained their situation and that their desire to become rich has brought them there. They prostrated the Yogi and said that they would dedicate their life to him, if only he would show them the path to become rich.

The Yogi was sad to see their plight and gave each of them a cotton wick. He said that they should walk with the cotton wick in their hands towards Himalayas and the place where one of their cotton wick falls would hold their treasure and to dig it and return home with the treasure.

The men started their journey and after some time when they are near the himalayas, the wick from one man fell down. They dug there and found a huge cache of copper. He asked his friends to come back with him as it was too much for one person to carry. But they all refused saying that they will find their own treasure.

The second man's wick fell and found silver. The other two refused to go back with him.

The third man's wick fell and found gold. He requested his friend to come home with him. When the fourth man refused, the third man said that he will wait for his friend at the same place till he comes back. So the fourth man went on.

The fourth man went on and chanced upon a man on whose head a huge wheel was churning. He went to him and asked him, why he is enduring this. At that moment, the wheel got transferred to his own head.

The man then explained that once upon a time he met a yogi and asked for riches and he sent him with a cotton wick. He continued his journey even after finding his treasure and met a man with this wheel on his head and when he asked why there is a wheel on his head, the wheel came on to his head.

He further explained that the God of wealth (Kubera) has made this wheel to prevent greedy persons stealing his wealth. And the person with the wheel on his head will not be bothered by thirst, hunger, cold or heat, but the pain of the rotating wheel on his head will have to be endured for eons, till another greedy person with a cotton wick comes and then he took his leave.

The third man who got gold waited a long time for his friend and came searching him. He saw his friend with a wheel on his head and blood pouring on his shoulders. The fourth friend explained his plight. He lamented that his greed knew no bounds and that he was not content when he got copper, silver and gold., and he wanted diamonds and pearls. And that this is his punishment which he alone should endure and asked his friend to go home and inform his other friends and relatives.

The third man left the Himalayas with his trove of treasure, but with a heavy heart.

MORAL OF THE STORY

Greediness always brings forth misery !!!

SRIDHARAAMRITHAM

In the midst of abundance, a man of contentment lives an insignificant life. He knows to be there and still not be. He doesn't allow the significance to touch him. He is very balanced.

SERVICES IN THE TEMPLE

Priest's services like Yantra Puja, Gruha Pravesham, Satyanarayana Vratam, Pitru karma, Seemantham, Upanayanam, Vahana Puja etc., are available which will be performed at devotees homes for their good health and prosperity. We also do archanas, abhishekams for all our deities.

Seva (Volunteering) opportunities are also available at the temple.

For more details please visit our website:

**http://
www.sriamruthasai.org/
services/ or contact the
temple at 804-708-0867.**

AADIPERUKKU

Aadi is the name of a Tamil month. The 18th day in this month is celebrated as Aadiperukku. On this special day, people pay tribute to the water resources which is one of the main life sustaining forces. For the blessing of mankind with peace, prosperity and happiness, nature worship in the form of Amman deities are organized to shower Nature's bountiful grace on human beings.

There are two months in the Tamil calendar, which are designated exclusively for Divine worship, thus encouraging and enabling us to focus only on the Divine during this time. Having worldly functions are highly discouraged during these two months. One of such months is Aadi, the other is Margazhi.

Our ancestors were keenly aware of and recognized the importance of nature and its resources which help sustain life on this Earth. They have cleverly intertwined the worship of nature, along with the Gods. They taught us to respect the nature and also to appreciate and celebrate it, even designating appropriate times for them.

During the month of Aadi, which falls between July and August, due to the seasonal rains, fresh new water comes about with full force in the rivers. People do poojas and rituals to the water, wherever the rivers are. They make a nice family picnic during this day. Farmers use this time to start the crops such as paddy and sugarcane in their fields.

On this day, let us also remember and recognize the importance of Nature without which we cannot survive on this Earth. Let us be respectful to the natural resources and preserve them appropriately for our future generation.

SAIRAM!!!

Guru is a very crucial link between humanity and divinity!

It is said that if God gets angry at us, a Guru can save us from that anger, but if a Guru gets angry, nobody can save that person!

“Sive rushte gurus-trAtA, gurau rushte na kaScana”!

We need the Guru for this role of his. The Guru enables us by precept and example to rid ourselves of the burden which we are unable to bear any more. This is technically called 'laying off the burden' - *bhAra-nyAsa -in Sri Vaishnava sampradaayam (tradition)*.

That is why Guru also means “*baruvu*” (a Telugu word which means weight) carries weight (burdens) of his disciples.

That a Guru is necessary to cross the river of life (*samsaara nadi*) is proven by the fact that even when the formless God took a form and came onto Earth, as Rama and Krishna, they had Gurus, Vashishtha Maharshi and Sandeepani, respectively, thus emphasizing the greatness of a Guru and his role to guide us in our lives.

The next question is what are the qualities / characteristics of a “Guru”?

The answer is provided in one of the verses from

“Sarva Vedanta Siddhanta Samgraha by Adi Sankara., the meaning is as follows:

He must be an adept in all the Vedas. He must be a realized Soul who is always rooted in absolute Brahman. Calm and serene, equanimous to the core, free from Ego, and from the evil of 'mine' and 'thine' he is devoid of all delusions of duality like happiness and misery, pleasure and pain, like and dislike, honor and dishonor, cold and heat, friend and foe and even cause and effect. He has no desire for possessions, he has no wants, is always pure in heart and mind and is at the top of his efficiency. He is an ocean of compassion and grace (courtesy: Gems from the Ocean of Hindu thought vision and practice by Professor V Krishnamurthy)

Last but not the least our scriptures have said that a Guru is Acharya!

Acharya is defined as one who studies (*adhyanam*), practices(*anushthaanam*) and has divine blessings (*anugraham*) .

The verse is as follows:

“Maathru Devo Bhava

Pithru Devo Bhava

Aacharya Devo Bhava”

As seen in the above verse, there is no, “*Gurudevo bhava*”!!

The reason is because all three of them hold the position of a Guru.

In fact, our first and foremost Guru is our “mother”.

Our tradition also teaches us that the entire universe (*Vishvam*) is Guru, the Jagat (universe) itself is Guru,

“Krishnam Vande Jagat Gurum”.

Meaning Krishna is Jagat and Jagat is our Guru!!

Lord Krishna is Jagat Guru!

In fact, *Dattatreya had following 24 such Gurus:*

the earth, air, sky, water, fire, moon, sun, pigeon and python; the sea, moth, honeybee, elephant and honey thief; the deer, the fish, the dancing girl Pingala, the kurari bird and the child; the young girl, arrow maker, serpent, spider and wasp...”.

(Srimad Bhagavatam: Canto 11: Chapter 7: Slokas 33~35)

In conclusion,

“yasya deve parā bhaktir

yathā deve tathā gurau

tasyaite kathitā hy arthāḥ

prakāśante mahātmanah”

“Unto those great souls who have implicit faith in both the Lord and the spiritual master, all the imports of Vedic knowledge are automatically revealed.” (Śvetāśvatara Upaniṣad 6.23)

Therefore,

“Dhyaana-Muulam Gurur-Muurtih

Puujaa-Muulam Gurur-Padam |

Mantra-Muulam Gurur-Vaakyam

Moksha-Muulam Gurur-Krpa ||”

Meaning:

1: The Root of Meditation is the Form of the Guru,

2: The Root of Worship is the Feet of the Guru,

3: The Root of Mantra is the Word of the Guru,

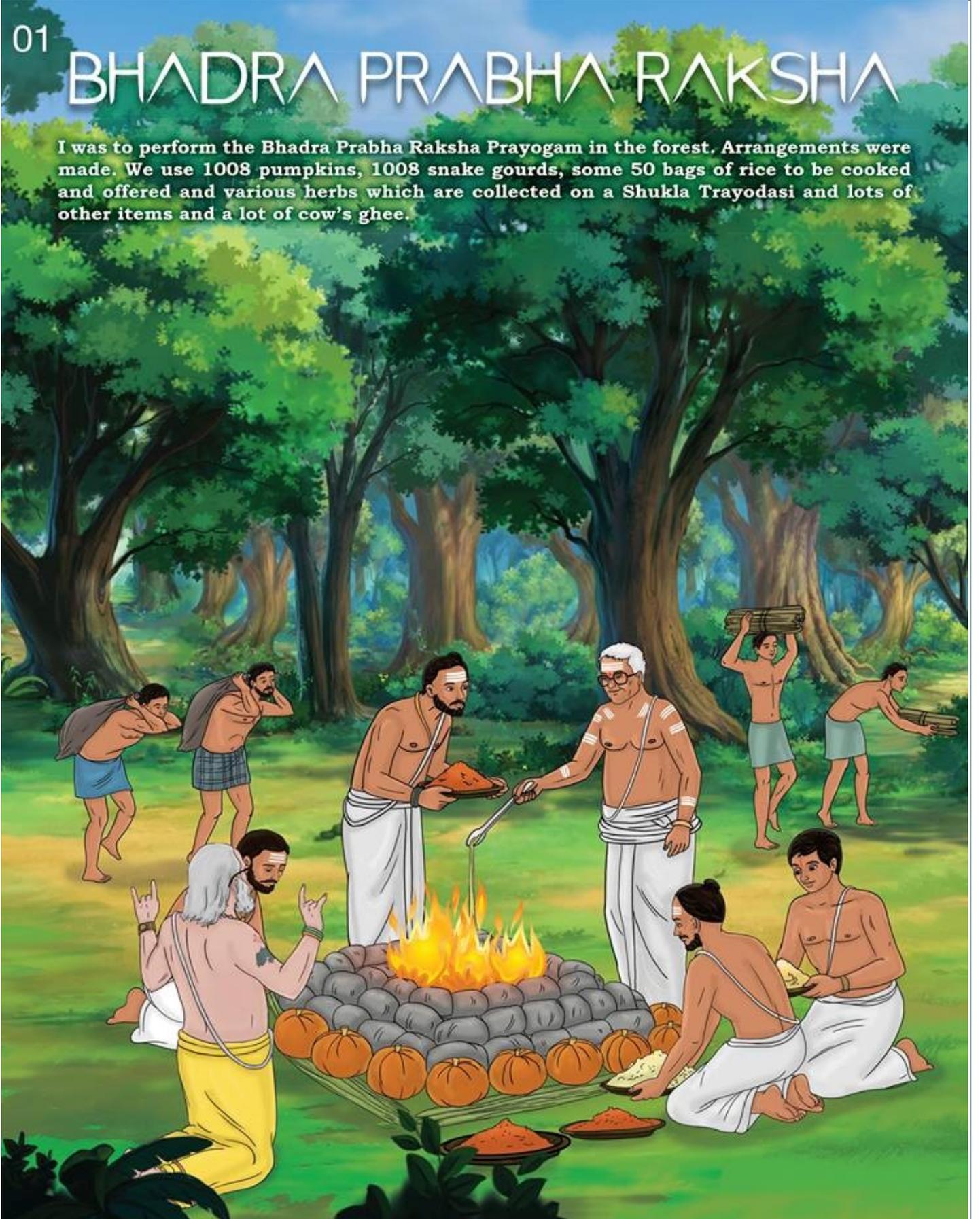
4: The Root of Liberation is the Grace of the Guru.

Sivaaya Gurave Namaha!

01

BHADRA PRABHA RAKSHA

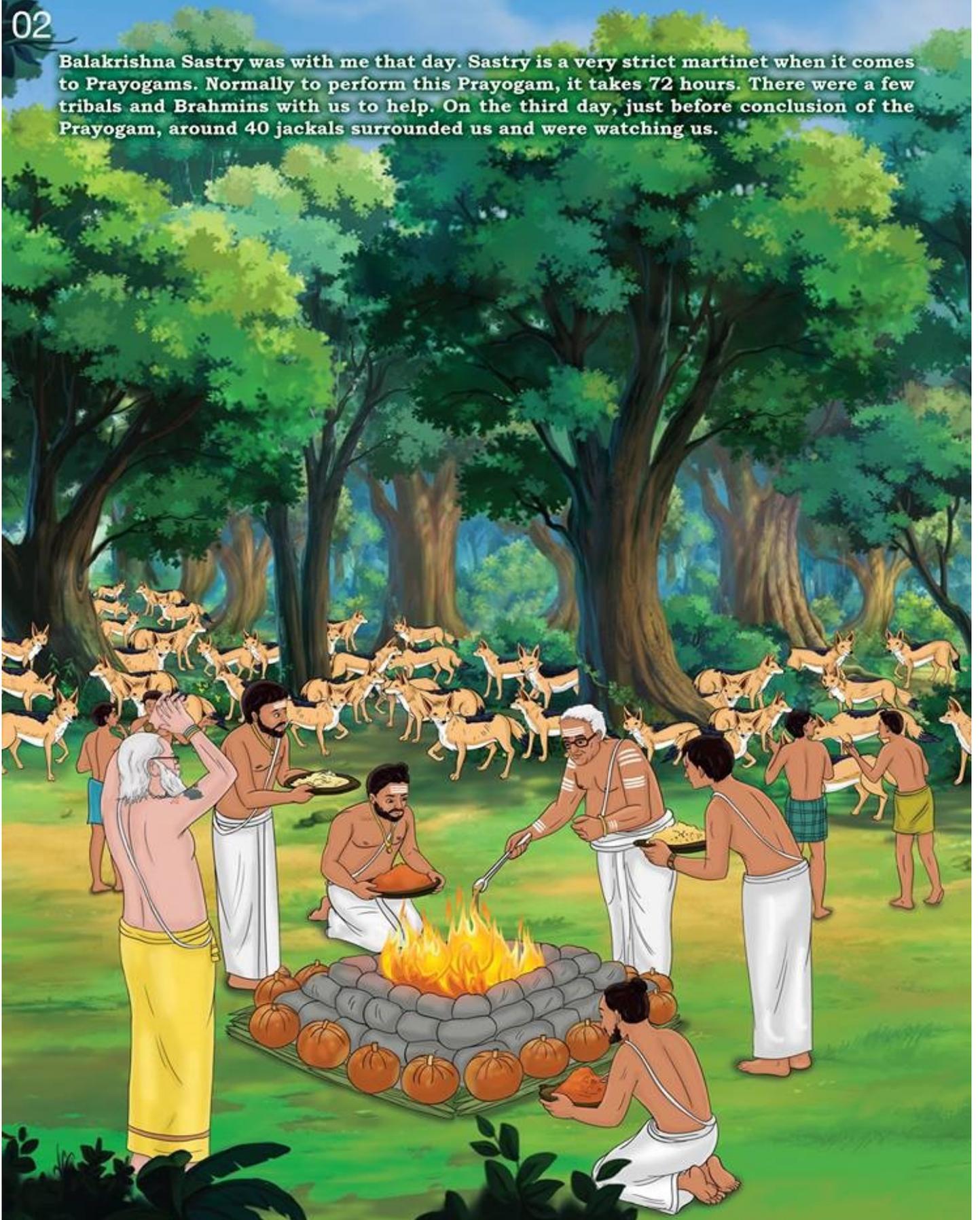
I was to perform the Bhadra Prabha Raksha Prayogam in the forest. Arrangements were made. We use 1008 pumpkins, 1008 snake gourds, some 50 bags of rice to be cooked and offered and various herbs which are collected on a Shukla Trayodasi and lots of other items and a lot of cow's ghee.



*** PRAYOGI PARAYANAM ***

02

Balakrishna Sastry was with me that day. Sastry is a very strict martinet when it comes to Prayogams. Normally to perform this Prayogam, it takes 72 hours. There were a few tribals and Brahmins with us to help. On the third day, just before conclusion of the Prayogam, around 40 jackals surrounded us and were watching us.



*** PRAYOGI PARAYANAM ***

03

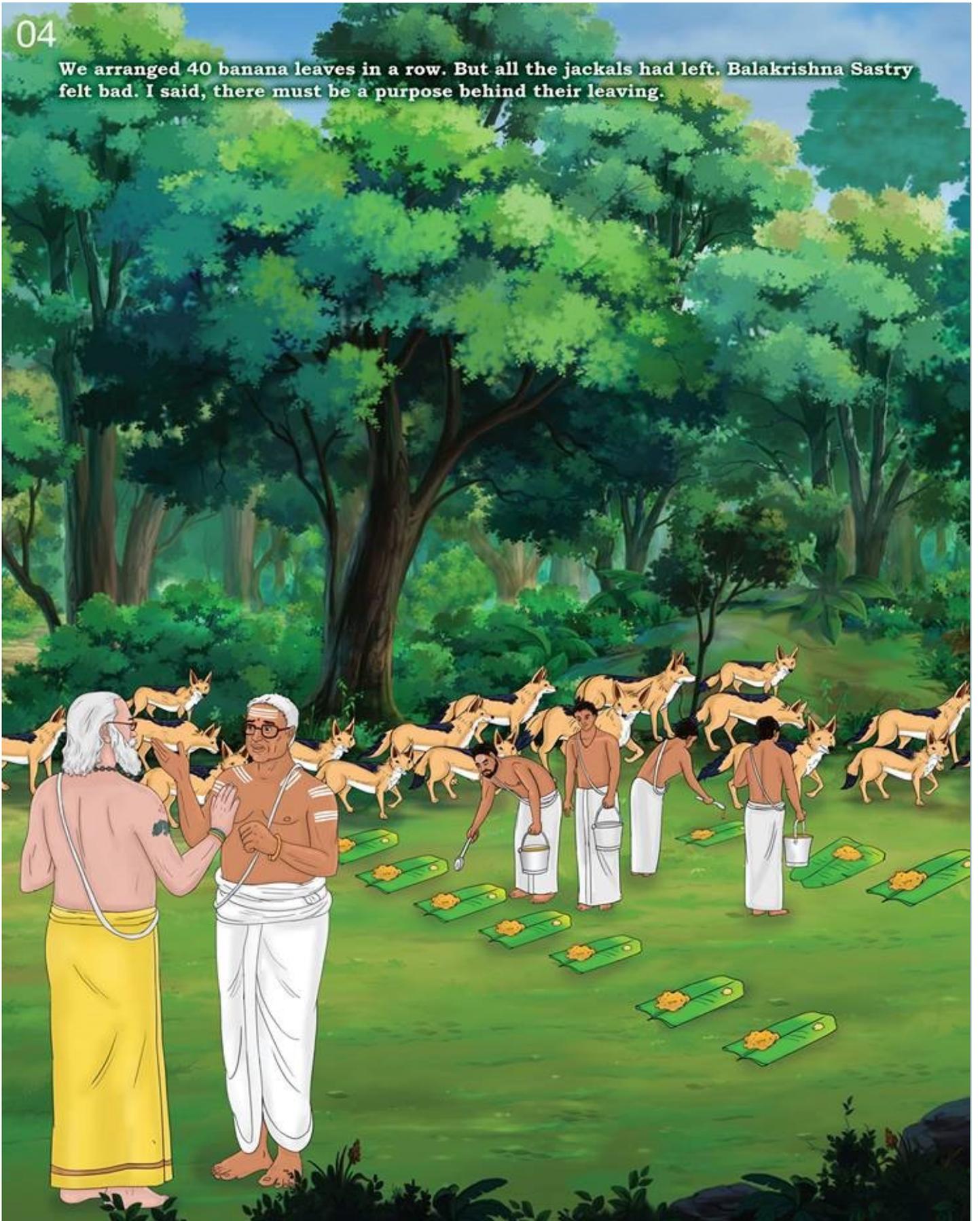
Once it was over, they were still waiting. It was a grand sight for all of us. I just asked the cook to cook Rice, Sambar, etc., I asked the tribals to get curd/butter milk/milk (anything that's available with them). We got a lot of milk and some curd.



*** PRAYOGI PARAYANAM ***

04

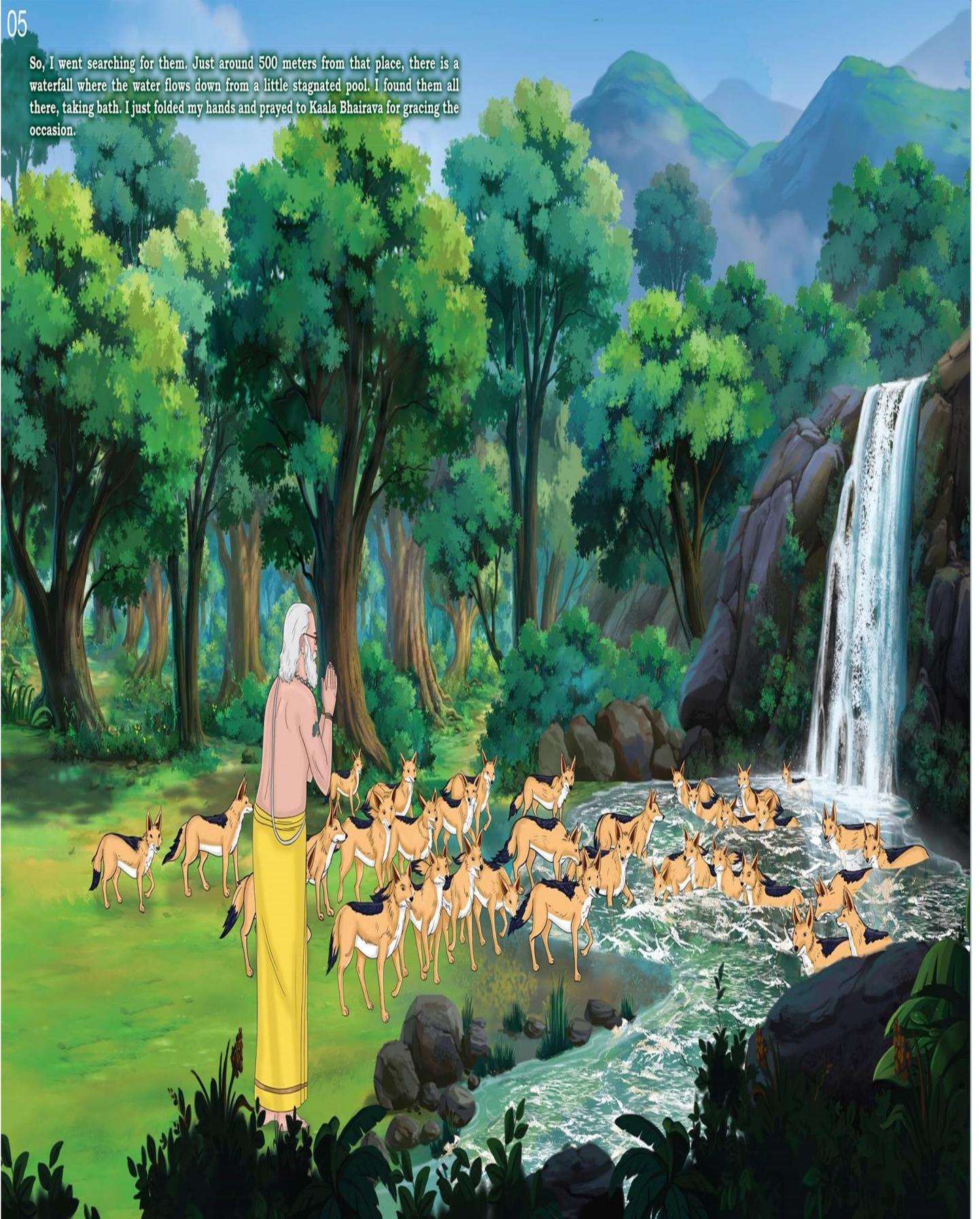
We arranged 40 banana leaves in a row. But all the jackals had left. Balakrishna Sastry felt bad. I said, there must be a purpose behind their leaving.



*** PRAYOGI PARAYANAM ***

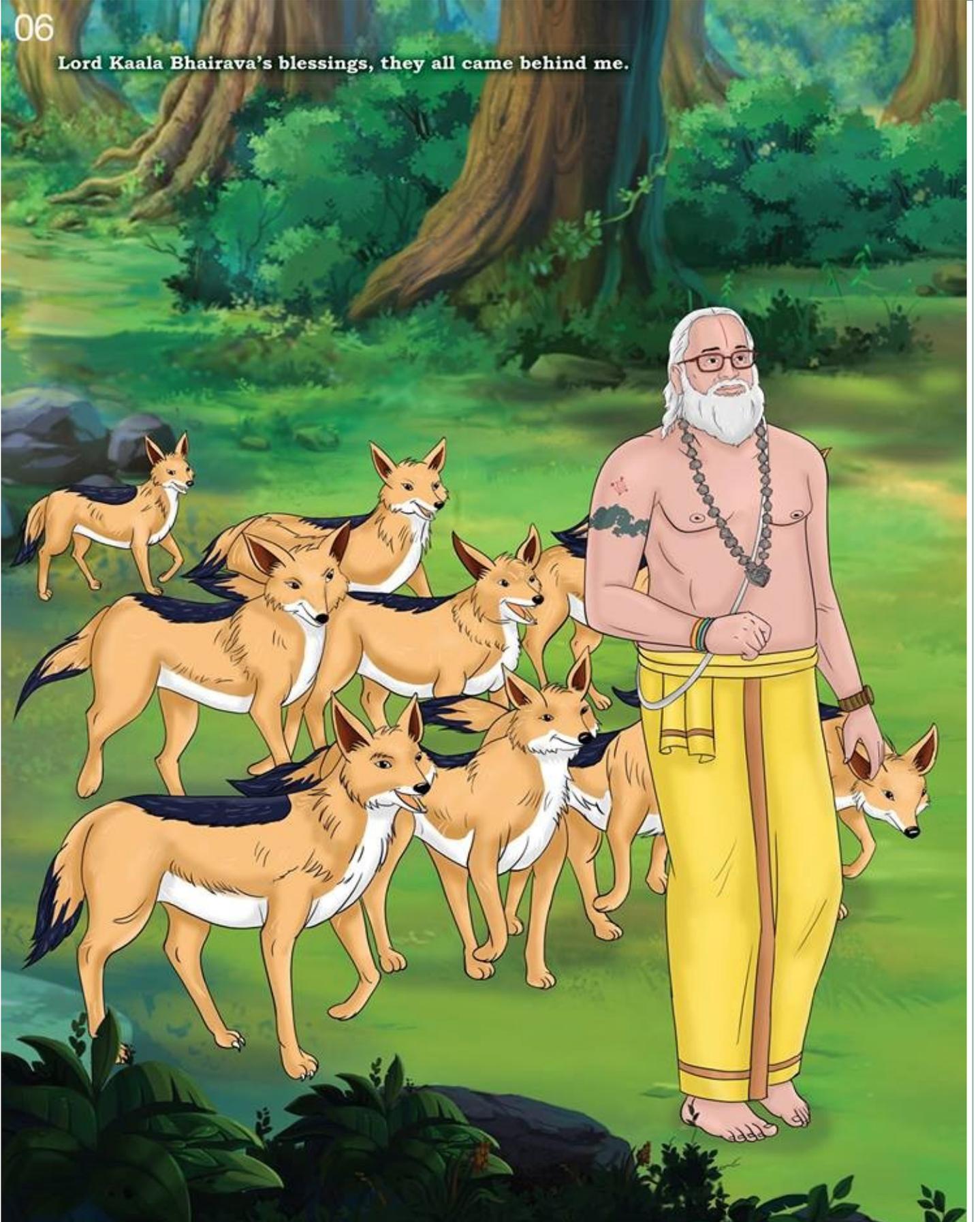
05

So, I went searching for them. Just around 500 meters from that place, there is a waterfall where the water flows down from a little stagnated pool. I found them all there, taking bath. I just folded my hands and prayed to Kaala Bhairava for gracing the occasion.



06

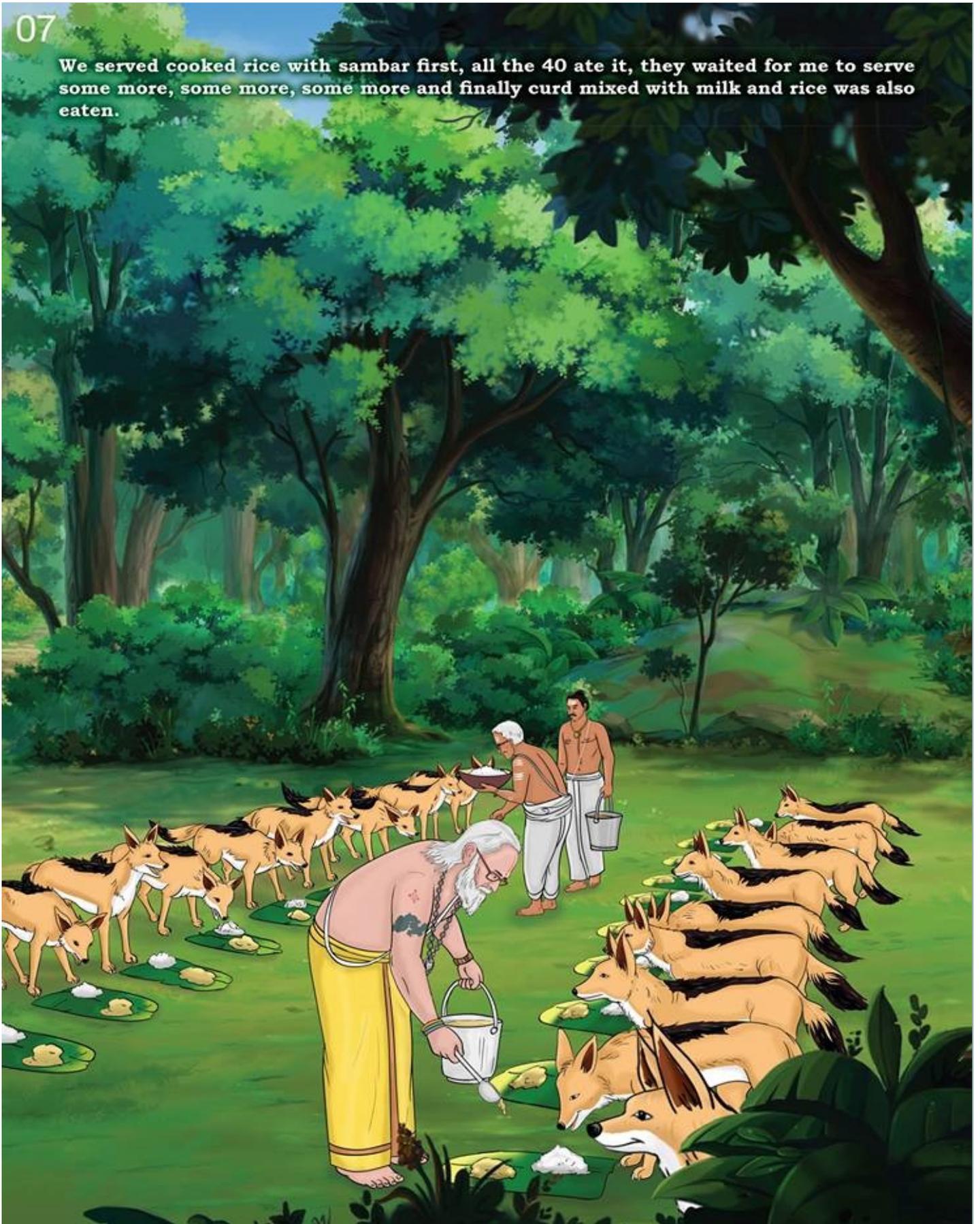
Lord Kaala Bhairava's blessings, they all came behind me.



*** PRAYOGI PARAYANAM ***

07

We served cooked rice with sambar first, all the 40 ate it, they waited for me to serve some more, some more, some more and finally curd mixed with milk and rice was also eaten.



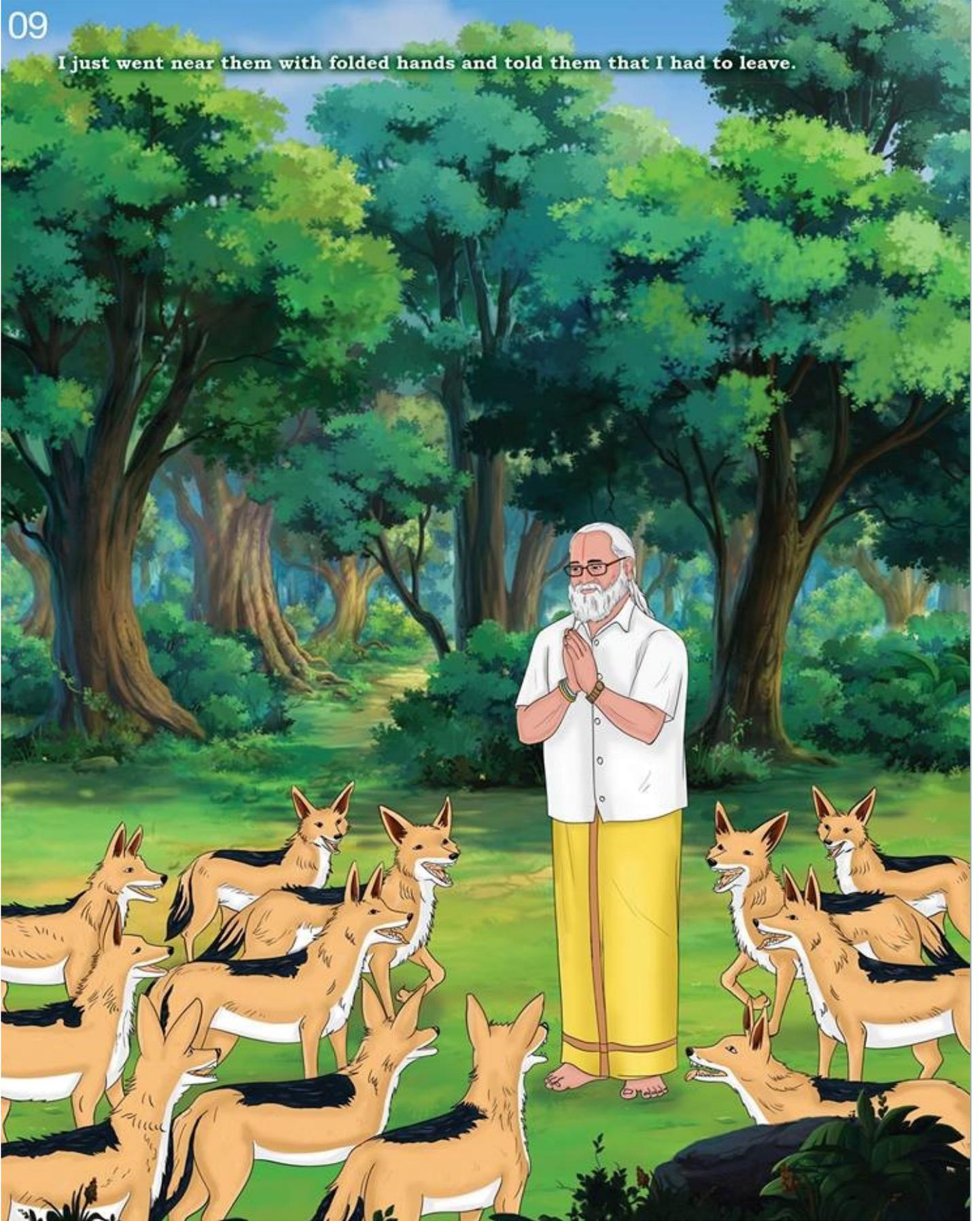
08

Finally, they all slept. I stayed back while all the others left. After sleeping for 3 hours, they got up one by one and just surrounded me.



09

I just went near them with folded hands and told them that I had to leave.



*** PRAYOGI PARAYANAM ***

10

They accompanied me back till I came to the main road where my vehicle was parked.
Purely lord Kaala Bhairava's mercy and grace.

