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Words of Wisdom—From our Guruji



AMRUTHA VAKKULU

To manage means to control, to manipulate. In life controlling the organic part of it is risky and dangerous. Life is more essentially organic. It's lovely with varied feelings and emotions. It's lord's gift to us. These days even a smile is a faked one. To smile from the heart is a blessing. Some where there is a hidden fear that if you smile and make others happy, they will take advantage of you. So a smile too is faked and not from the heart. Never try to control, manipulate or manage the organic part of life. You will never be happy if you try to do

so. The whole life will just be a sheer waste.

As you live life, incidentally some thing may go wrong. Some thing may turn out to be incorrect. Some other things may turn imperfect. Don't worry about all those negativities. Life is balance. When there is some thing positive happening in life, there would be some thing negative too. Success should never go to head nor failure to heart. Just accept life as it comes and move on in life. This churning in life makes you more centered in life. You should be at the centre of your existence and not at the periphery.

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LORD'S MERCY

&

GRACE !!!

Upcoming Events

- ◆ 09/22/2018
Shani Pradosham
- ◆ 09/26/2018
Mahalaya Paksham
Arambam
- ◆ 10/08/2018
Mahalaya Amavasya
- ◆ 10/10/2018
Navrathri Arambam

Sri Sai Satcharita in our daily life - Sankar Kumar



Greatness of Udhi

Guru's grace is endless. It cures our sins . His words give us eternal pleasure. One can never repay this debt to Him .

UDHI

Sai spent most of the money collected as dhakshina in charity and the rest to buy firewood. He gave away this ash to His devotees as prasad to indicate that life is unstable and will end up in ashes only. He collected dakshina when a devotee came and gave him the udhi as he left. Thus He taught us that one should be willingly giving up his possessions and know that life is not permanent. When in a happy mood, He used to sing thus:

Oh playful Rama! Come! Come!

Bring in loads of udhi when You come!

SCORPION BITE

Baba predicted that one Mr. Ramjani will run an ashram. His words came true and Jani ran an ashram called Anadashram. One day, when someone there had a scorpion bite, Mr. Jani searched for udhi. Not finding it, he took the ashes from a burnt incense stick and rubbed over and the pain vanished!

PLAGUE

When a devotee from Bhandhra wanted the udhi to cure the sufferings of Plague disease for his daughter, Nanasaheb Chandorkar, a sincere Baba devotee, just

picked up some sand from the ground and prayed to Baba and applied it on his wife's forehead. Immediately, the friend's daughter started feeling relief at her home!

JAMNER MIRACLE

In 1904, Nanasaheb was living in Jamner which is about 100 miles away from Shirdi. His daughter Minavathi was in labor pains and Nana wanted Baba's udhi. Just then Baba directed Mr. Ramgirbhuvu, one of His devotees, to go to Jamner and give some udhi and the arti song written by Madhav Adkar. By Sai's grace, the devotee was received at the JalGaon station and took him to Jamner. On the way, the coachman even gave food to the devotee but disappeared on reaching Jamner. Ramgirbhuvu went to Nana's home, gave the udhi and Minavati delivered safely. To his surprise, Nana said that he never sent anyone to pick him up from the station. All was Sai's miracle!

NARAYANA RAO

This devotee had a vision 3 years after Baba's Samadhi, where Baba came in the dream and blessed him to be cured of his disease.

APPASAHEB KULKARNI & BALABHUVA SUDHAR

This gentleman got a picture of Baba and was worshipping Him . He wanted to have Sai darshan. As in the case of another devotee named Balabhuvu Sudhar, who, when went to see Baba, Baba told him that he knows him for the last 4 years. Sudhar was surprised as he had never met Baba before but remembered that he had been worshipping Baba's picture for the last 4 years, seeing Sai in person and in picture are both the same. Now, coming back to Kulkarni's story, when he was away at Bhivandi for work, a fakir came to his house and asked for alms. When the lady gave Him a rupee, the Fakir gave some

udhi and left. Soon, Mr. Kulkarni returned and believed that the Fakir was none other than Baba and went in search of him but could not find him. He came home, took some food and went again to search for the Fakir and finally found Him. As the Fakir demanded for dakshina again and again, he ended up giving Him Rs. 10 and got back Rs.9 from the Fakir. He found some flower petals in the udhi and along with a strand of Baba's hair, he made a talisman and wore it always. One should apply the udhi on the forehead after taking bath in the morning and mix a little in water and drink it everyday. This would ward off all the evils.

BOW TO SRI SAI

PEACE BE TO ALL!!

LIFE APPLICATIONS

- * **Sacred Udhi is very powerful and will ward off all evil and will give us salvation.**
- * **Apply Udhi with sincere belief to get rid of diseases.**
- * **Seeing Baba in person and in picture are both one and the same.**
- * **Respect all saints equally as they communicate with each other.**
- * **Apply the Udhi in the forehead and drink a little of it with water in the morning everyday.**

**Sri Satchidananda Sadguru
Sainath Maharaj Ki Jai !**



Saiamrutham — "Everything in this world is Maya. Even your weakness, failure, success and defeat are all maya. Be conscious of this fact and live beyond the maya."

THE MONKEY AND THE CROCODILE

There was a big jamun tree on the banks of a river. The tree was full of sweet berries and the monkeys and other birds and animals enjoyed them very much. There was a monkey called Rakthamukha, who enjoyed the fruits so much, that he made the tree his home and always played near it.

One day, a crocodile called Karalamukha came and took rest under the tree. Rakthamukha being a noble soul, greeted the crocodile as his guest and offered some berries to him. Since the berries were so sweet and the crocodile enjoyed it immensely, it started coming daily to the banks and slowly a friendship developed between the monkey and the crocodile.

Karalamukha when he went to his wife and told her about the monkey and the sweet berries and she also wanted them. Next day, the crocodile took home some berries. His wife liked them also, but her mind started working deviously. She told Karalamukha that the berries are so sweet and then the monkey which eats them day and night will be sweeter. So she started pestering him to bring the monkey and to eat its heart. Karalamukha was aghast and told her that he would not betray his friendship. But, she was manipulative and very adamant that Karalamukha had to agree with her.

When the crocodile went to his friend the next day, he said that his wife enjoyed the berries very much and that she wanted to meet such a nice friend.

The Monkey too agreed to meet her and the crocodile gave a ride on his back and took him to his home. When the water became deeper and far from the shore, the monkey got scared and wanted to go back. When there was no escape for the monkey, the crocodile revealed his plan of feeding his heart to his wife.

Rakthamukha was very sad, but did not panic and devised a plan. He told the crocodile that he kept his heart in the tree for safekeeping and he would gladly go and retrieve it for his friend's wife. The crocodile then turned back and brought the monkey to the shore.

Rakthamukha jumped and climbed to the top of the tree, far from the clutches of the crocodile. He shouted from there, that the crocodile is a fool to believe that the heart can be taken out for safekeeping. Karalamukha understood that his friend has outsmarted him and went empty handed.

MORAL OF THE STORY

In any dire situation, if one can be calm and collected, one can use his intelligence to his benefit.

SRIDHARAAMRITHAM

The way the gold gets purified in the furnace when heated is the way one undergoes through the process of churning in the furnace called the Master.

SERVICES IN THE TEMPLE

Priest's services like Yantra Puja, Gruha Pravesham, Satyanarayana Vratam, Pitru Karma, Seemantham, Upanayanm, Vahana Puja etc., are available which will be performed at devotees homes for their good health and prosperity. We also do archanas, abhishekams for all our deities.

Seva (Volunteering) opportunities are also available at the temple.

For more details please visit our website:

**http://
www.sriamruthasai.org/
services/ or contact the
temple at 804-708-0867.**

GETTING READY

Sri Kanchi Periyava compares Kamam or desire to fire. If we are hungry, we eat something to make the hunger go away. But when there is a fire, can we feed it something to make it go away? Fire not only would devour everything we feed, but also would grow more and more. Even though fire looks bright and glowing, it burns everything and makes them black. It is the same with desire.

We start with desiring something simple. We want our own little house first. Then we think it would be nice if it has a big living room. Then we think it would be nice to have a big yard. Then we think just one more extra room would be helpful. Thus the simple desire multiplies and grows. We fulfil one desire, only to start with another. There is no stopping to it.

Okay, we understand this. We now know that desire or Kamam is the root cause of all our troubles. So what do we do? How can we get out of this vicious cycle?

Sri Ramakrishna Paramahansa says: Fulfil your small desires and get rid of the big ones with the help of reasoning.

I want to buy this saree which costs couple of thousands of rupees. I can buy it and fulfil my desire. But if I want a diamond jewelry which would costs me a few lakhs rupees, what happens? If I entertain this desire, I would get sad, mad, jealous of people who have it, and so on and it will ruin my peace of mind in every which way. I should become aware of my own financial situation and reason with myself to get rid of that desire. I should tell myself it is oaky not to have it. I should know that it does not make any difference whether I have it or not. I should make myself understand that there are lot of other things important in life than that jewelry. I can even satisfy my desire by getting imitation jewelry which would look the same as I want.

Let us become aware of our desires so that we can deal with them effectively and in the process help our hearts to become pure where our beloved Lord would love to take up abode.

(..to be continued)

***Volunteer* - Priya Iyer**

Volunteer with Family, Volunteer with Friends!

Volunteer every breath, until it all ends!!

Volunteer in Solitude, Volunteer in a crowd!

Always with gratitude, and nothing to be proud!!

Volunteer to enhance? !

Oh, forever stuck in the karmic romance!!

Step out step out in Grace!

Until there is no trace!!

Volunteer to dissolve, Volunteer to diaappear!

You are bound to evolve, and there is no survival fear!!

SAIRAM !!!

HARIDRA GANAPATHI

Haridra Ganapathi is the twenty first form of the 32 forms of Lord Ganapathi.

Appereance of Haridra Ganapathi

In this form, the lord is made of turmeric. In this form, the lord appears in bright golden hue complexion and also wears bright golden vestments with four arms. The lord is seated in a royal throne and appears very calm. On his main right hand, he holds his broken tusk and on his main left hand, he holds his favorite sweet modaka. On the upper left hand holds a noose and on the upper right hand holds an elephant goad.

Haridra Ganapathi Dhyanam

Haridrabham Chaturbahum Haridravadanam Prabhum
Pashamkushadharam devam Modaka Dhantameva Cha
Bhaktabhaya Pradataram Vande Vigna Vinashanam

Worship

Vishaka Nakshatram is associated with this form of Ganapathi. It is believed that worshipping this form of Ganapathi will help devotees fulfill their wishes.

EKADHANTA GANAPATHI

Ekadhanta Ganapathi is the twenty second among the 32 forms of Ganesha.

Appereance of Ekadhanta Ganapathi

In this form the lord is depicted as having a single tusk. In this form the lord appears in blue complexion and with a big belly. His belly which is larger than in other forms signifies the manifestation of the universe within him. On his main right hand holds his just broken tusk and on the main left hand holds a sweet (laddu). On the upper right hand holds a japa beads mala (Rudraksha) and on the upper left hand holds an axe.

Ekadhanta Ganapathi Dhyanam

Lambodaram Shyamatanum Ganesham
Kutaramakshastraja Moordhavagaatram
Saladukkam Dhantamadhaha Karabhyam
Vameteraabhayam Cha Dadhaanameede

Worship

Anuradha Nakshatram is associated with this form of Ganapathi. It is believed that worshipping the lord in this form will help devotees attain success in all walks of life.

01

SU YEN

I once went to Amarnath. It is a place of great scenic beauty. As I was drinking the serenity of the idyllic surroundings, I found a person riding a Yak. He was looking at me. After a few minutes, I found him coming towards me. He came near and asked, 'Would you like to come with me?'

He was the great Tao saint, Su Yen!

'I have some commitments. I am afraid; I cannot come with you on a permanent basis. But, for a short time, I have no problem, provided I am free to leave whenever I want to go', I said. "I am asking you to come to me on a purpose", Su Yen said. "After the purpose is over, you may leave", he added. That is how I first met that great Tao saint at Amarnath.

In fact, Su Yen wanted to initiate me in the practice of Tao.

At that time, I was going on a pilgrimage along with a group of people. I was not supposed to leave like that, but I wanted to follow Su Yen. But indeed, where there is a will, there is a way. I managed to coolly hoodwink the group and deserted it to accompany Su Yen. I knew that some members of the group would feel agitated on my disappearance and launch a search for me. I did not care. It was all fair in the game.



I was with Su Yen for about 6 months. He used to eat only ice and survive - just ice, and nothing else! For my part, I used to eat some plants and fruits available there in the mountains.

Su Yen taught me Tao practices. I consider him as an incarnation of Lord Dharma, popularly known as Lord Yama Dharmaraja - the God of Death. As promised at the outset, Su Yen allowed me to return to my place after the purpose of being with him was over.

Once, I told Su Yen, 'Master, to me you look like the great Dharmadhikari Yama'. Su Yen laughed and asked me, 'Have you brought the book of accounts, my dear Chitra Gupta?' I too burst into laughter.

*** PRAYOGI PARAYANAM ***

02

Su Yen is a great master. When I was with him in the Himalayas, every day his food was loads of ice. Twice a week I used to come down and get some herbs. From that, he would just consume two leaves and give the rest to his Yak on which he traveled. He called it 'Yo'. I used to wonder at him. He is my last living master, whenever he wants, he comes and sees me. Today also, if I want I can't see him. When I expect him the least he appears. Last year, I had gone to Secunderabad Railway Station to receive a friend of mine; Su Yen came in the form of a TTE and talked to me for some time. On one occasion, I saw him in the Monda Market dressed like a vegetable seller. A couple of years back when I was confused how to proceed to Vienna from Amsterdam he came there to Schiphol Airport as a businessman and guided me to go to Vienna. When I was in Luxor in Egypt, he came as an Arab tribesman on a camel and spent two days with me. He is truly an Avadhoota of the highest order!

One has to dance alone, to really enjoy the dance. Some dance for fame, some dance for the art, some dance for exhibition, but one has to dance alone to enjoy the dance. One should be closeted with himself/herself while dancing. My Master Su Yen taught me to dance alone, it's beautiful! Once, in the Himalayas, I was dancing alone. Su Yen has suddenly come, but I did not notice. I was going on dancing. When I finished and opened my eyes, I saw Su Yen dancing, totally engrossed in the dance. After an hour he stopped and I said: Master it was fabulous! He laughed and said, "Yes, when it is from the heart, it is always fabulous. Your dance too was from the heart. In dance, one forgets themselves. Once you forget the exterior, the inner appears, and that's pure grace".

