



Sri Amrutha Sai Narayana Sarveswaralayam

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Sai Amrutha Jyothi

Words of Wisdom – From our Guruji



AMRUTHA VAKKULU

GADYAMS

In our temple we always hear the soulful renderings of the Gadyams by our Guruji, His Holiness Poojyasri Sri V V Sridhar Guruji.

What is a Gadyam? Here is the explanation by Guruji.

Gadyams are based on Shabda Brahmana. From Shabda Brahmana arises the Nada Brahmana which is the remedy. Some Shabdas originate from Muladhara, some from Swadishtana, some from Manipura, some from Vishudda, some from Anahata, some from Aagya and some others from Sahasrara.

The prayogi watches for the signals from nature and sings the gadyams in response. He has to see whether it is day or night, whether there is darkness or twilight, whether it is windy, whether it is lull, whether it is stormy, whether it is hot or cold, whether it is forest or a normal place etc.,

At any point of time he observes atleast 1008 aspects before singing any gadyam. He has to be alert and should keep watching for the sakunam. So it is not the same all the time.

According to the emergence of Aksharas he has to sing the gadyam. Some times the need may run for a few minutes. If he is in a crowd, he has to see the faces of people around him.

From the faces he will be able to analyse the problems of the concerned person, their lineage, their manes, their pitrus and the astrological sequences. So he must be patient to gather all the akshara bhavas of people around him, the environmental circumstances around him, the sakunam aspect and then does an analysis to find out the gadyam applicable at that point of time. The analysis normally of the entire situation is done in just around 180 seconds i.e, 3 minutes. He has to be fast and accurate and then flows the Gadyam.

Many keep re-living the pain. When you keep re-living the pain, suffering arises as resentment. This I feel is neurotic.

Never relive the pain. Learn to drop and move on.

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LORD'S MERCY

&

GRACE !!!

Upcoming Events

- ◆ 03/18/2018
Ugadi(Vilambi Nama Samvatsaram)
- ◆ 03/24/2018
iCAPS Program
- ◆ 03/25/2018
Sri Rama Navami
- ◆ 04/05/2018
Varaha Jayanthi
- ◆ 04/07/2018
Akanda Satcharitra Paraayanam(9am)
- ◆ 04/14/2018
Tamil New Year / Vaisakhi
- ◆ 04/18/2018
Akshaya Thrithiya
- ◆ 04/28/2018
Nrusimha Jayanthi

Sri Sai Satcharita in our daily life - Sankar Kumar



LakmiChand, Purhanpur lady and Megha – Three sparrows pulled to Shirdi

Baba is omnipresent in all creatures. HE had said that HE will draw HIS devotees like a sparrow tied with a rope in its leg, from wherever they are, even if they are 3000 miles away. Here Hemadpant narrates the stories of three such devotees.

LakmiChand :

A gentleman named LakmiChand lived in Mumbai. One day, he saw in his dreams, a bearded man standing with His devotees. A few days later, he happened to hear DasGanuji's kirtan in a friend's house and on seeing Baba's picture, he concluded that, this is the Fakir whom he saw in his dreams. He decided to go to Shirdi, borrowed Rs 15 from his uncle and took his friend Sankar Rao along with him. He heard an Islamic co-traveler talking about Baba's greatness. He forgot to buy fruits but an old lady vendor came to him with fruits. After buying fruits from her, the lady gave away the remaining fruits also to him, requesting him to offer it to Baba on her behalf. He offered the Fruits and bowed to Baba. Baba said, 'where is the need for asking others? Why don't you see it for yourself? Why did you have to borrow money to see me? Have all your desires been appeased?' Baba did not encourage borrowing money to have his darshan. Later that day, when LakmiChand tasted the Sansa, he expected it the next day also

but didn't get it. But on the third day, he had plenty of Sansa. Baba told him, eat plenty of Sansa and apply medicine for your backache! HE even knew of his devotees' desires and complaints! Another time, when LakmiChand saw Baba coughing, he thought whether it is due to some evil eyes. When he went to the Masjid to take leave, he heard Baba telling Shama whether anyone had cast evil eye on Him! LakmiChand prayed to Baba to bless him all the time and returned home a satisfied devotee.

Purhanpur Lady:

Once, a lady from Purhanpur dreamt of a Fakir standing in front of her house asking for food. Later, on their way to Akola, the couple went to Shirdi and stayed for two weeks. Despite getting Sai's darshan everyday, she couldn't serve Kichadi to Baba. On the 15th day, she cooked kichadi and did not wait to be called but opened the screen at lunchtime and went in. On seeing Kichadi in her hands, Baba happily asked for several servings and ate heartily.

Megha:

Megha was a Brahmin cook living in a distant village. He was a staunch devotee of Lord Siva. His master sent him to Shirdi saying Baba is Siva avatar. Hearing that Baba was a Muslim, he reluctantly went to the Masjid but was immediately expelled from there by Baba. Still, he stayed in Shirdi for a few days and returned to Trayambak. After one and a half years, he again went to Shirdi and was admitted to stay. He saw Siva in Baba and served Baba faithfully. One day he travelled for 24 miles to fetch holy water from a river to do Abhishek for Baba. Baba initially refused but later accepted to have the water poured only on HIS head. Megha, in his excitement poured the water on Baba's whole body, but surprisingly, only HIS head alone was wet! One

day, Megha saw Baba in a dream asking him to draw a Trident on a picture of Siva, Megha was worshipping. Megha didn't believe it but when he went Sai's darshan, Baba asked him why didn't he listen to His words. He assured Megha that He does not require any door or entrance to come in. He will guide and help those who trust in HIM faithfully. On hearing this, Megha drew a trident immediately. That same day, someone brought a Linga and gave it to Baba. Baba gave it to Megha and asked him to keep it safe. Thus serving Baba faithfully, one day Megha breathed his last. Baba caressed the body affectionately and declared that Megha was His faithful devotee and ordered KakaSaheb Dixit to perform the last rites as required and fed Brahmins. Dixit did so as per Sai's orders.

BOW TO SRI SAI

PEACE BE TO ALL!!

LIFE APPLICATIONS

- * Baba will draw even from a distance if you are faithful to him.
- * Do not borrow to go for a pilgrimage.
- * Baba knows all your desires and complaints.
- * If you serve him faithfully, he will accept it gladly.
- * Baba does not require an entrance to visit you.
- * He will fulfill his devotees wishes like a puppeteer.

**Sri Satchidananda Sadguru
Sainath Maharaj Ki Jai**



Saiamrutham — "Man seeks to change the foods available in nature to suit his tastes, thereby putting an end to the very essence of life contained in them."

The Dove and the Hunter

There was an evil, menacing hunter, who was so evil and mean spirited that his friends and relatives also hated him. Animals lived in terror, in anticipation of meeting him. He hunted even fawns and pregnant animals, which was against the dharma and the law of the land.

One day, he caught a female dove and some other animals from trapping and was on his way home. A sudden storm started with a lot of thunder and lightning and uprooted a lot of trees, and so, he lost his way. He decided to take shelter under a big tree, where the male dove, the partner of the female dove he had caught was waiting for his partner. He was tired, hungry and terrified. When he was about to sleep, he prayed to the spirit of the tree to protect him.

Hearing this, the female dove from the cage called out to its mate., to help the hunter. She said to the male dove, not to be angry at the hunter because she is caught and it is all due to her past karmas., and right now it is the duty of the male dove to honour the hunter's wish and to provide him with food and warmth, as he is under the tree where they live and to treat him as they would a honoured guest.

The male dove was so heartbroken that his mate will not come again, he decided to honour her last wish. He flew to a nearby village and brought hot coal and dropped near the hunter and he searched for some dry leaves in a bush and dropped them on the coal and made a fire. When the fire was burning bright and warm, the dove flew above the branches and dropped himself on it and died.

The hunter was aghast to see what had happened and was moved beyond tears. He has never known so much love and honour and sacrifice that he decided to change the way he lived and turn a new leaf. He released his trapped animals and the dove. The female dove when released went straight to the fire and sacrificed her life too.

The hunter became a renunciate and lived his life serving others.

MORAL OF THE STORY

A Life living for others is more worthwhile than a selfish life.

SERVICES IN THE TEMPLE

Priest's services like Yantra Puja, Gruha Pravesham, Satyanarayana Vratam , Pitru Karma , Seemantham, Upanayanm, Vahana Puja etc., are available which will be performed at devotees homes for their good health and prosperity. We also do archanas, abhishekams for all our deities.

Seva (Volunteering) opportunities are also available at the temple.

For more details please visit our website:

<http://www.sriamruthasai.org/services/> or contact the temple at 804-708-0867.

TIGER AS THE PET

Lot of us have pets in our homes. Some of us have fish; some have gerbils, some birds, some cats, some dogs, some even snakes and other animals. But Sri Ramakrishna goes one step further and tells us to have Tiger as our pet animal! How do we do that, we may wonder.

As you may have guessed, Sri Ramakrishna does not mean the wild animal literally, he only means for us to grow Bhakthi as the Tiger in our hearts. If we want to keep an animal, we need to feed it so that it can grow bigger. What are we supposed to feed this Tiger, that we keep in our hearts? He tells us that too. He says we need to feed this special Tiger with our unwanted thoughts and desires. We should give it all the six passions of the mind: Kama (desire), Krodha (anger), Lobha (greed), Moha (attachment), Mada (ahankar), and Matsarya (jealousy). Sri Ramakrishna says that this Bhakthi Tiger will eagerly eat all of this and let us free from these.

Are we ready to grow the Tiger in our hearts?

***** GOD BLESS *****

I am lazy to wake up in the wee hours of the dawn,

While YOU have painted the sky beautifully, with radiant colors staying up all night long!!

YOU expressed your love through the crimson streaks spread on the floating clouds,

YOU came up as a ball of fire, at first orange, then red and then, a bold and golden hue!!

The birds have been up and chirping for YOU, The flowers are blooming, ready to spread their fragrance for YOU,

The wind is blowing gently, chiming in with the temple bells tinkling for YOU, the ocean is dancing in glee, pushing the waves ashore, as if to greet YOU!!

I did nothing in your honour to welcome YOU, Yet, YOU have graciously given me “today” to come a step closer to YOU,

Help me yearn for YOU, Help me to be just close to YOU,

Help me to help myself which is nothing but an extension/expression of YOU!!

THANK YOU !!!

***Why I Love My Guruji?* - Shankar Narayanan**

When i was filled with innocence, He cleared it with his omnipresence !

When i suffered from deep sorrows, He protected and pierced them with his arrows !

At my worst times, He cajoled me umpteenth number of times !

Why i love my Guruji? With my little knowledge when i was full of ego, He taught me to let it go !

When assumed that “i am the greatest”, He proved i’am after all a Null-Set !

Though he is beyond our imagination, He loves us with abundant compassion !

In front of my Guruji, I am nothing because i’am no-thing.

I LOVE MY GURUJI

PRANAMS PRANAMS PRANAMS

7. VIGNA GANAPATHI

Vigna Ganapathi is the ninth form of the 32 forms of Lord Ganapathi.

Appereance of Vigna Ganapathi

In this form, the lord appears with eight hands similar to lord Vishnu and holds the Shankha and Chakra on both left and right upper hand. The other hands hold his broken tusk and modaka, noose and elephant goad, flower arrow, sugarcane and a battle axe. Vigna Ganapathi's trunk is curved with a bouquet of flowers and the lord wears plenty of ornaments. His complexion is of golden hue.

Vigna Ganapathi Dhyanam

Shankheshu Chaapa Kusumeshu Kuthara
Pashachakra Swadanta Sruni Manjarikaa
Sharaduhai Paanishritaih Parisameehita
Bhhoshana Shrih Vighneshvaro Vijayato Tapaneeya Gaur

Worship

Rohini Nakshatram is associated with this form of Ganapathi. It is believed that worshipping this form of Ganesha will help devotees to remove all obstacles and negative influence.

8. KSHIPRA GANAPATHI

Kshipra Ganapathi is the tenth among the 32 forms of Ganesha.

Appereance of Kshipra Ganapathi

In this form, the lord appears in red hue complexion with four hands. On his main right hand holds a broken tusk and on the main left hand holds a sprig of Kalpavriksha and on the other both hand holds noose and elephant goad. The trunk of Kshipra Ganapathi is curved towards the right upturned holding ratnakumbha.

Kshipra Ganapathi Dhyanam

Dantakalpalata Pasharatna
Kumbhanksho Jvalam
Bandhooka Kamaniyabham
Dhyaayeth Kshipraganadhipam

Worship

Mrigashira Nakshatram is associated with this form of Ganapathi. It is believed that worshipping this form of Ganapathi will give the devotees good knowledge and meditating on the lord will help the devotees to fulfill all their wishes.

**Soaked in Karma, Washed in Kriya,
Wrung in Sadhana, Dry in Grace!**

**This piece of cloth, soaked in Karma,
Bubbles of perception everywhere!**

**This piece of cloth, washed in Kriya,
Moments of emptiness every time!**

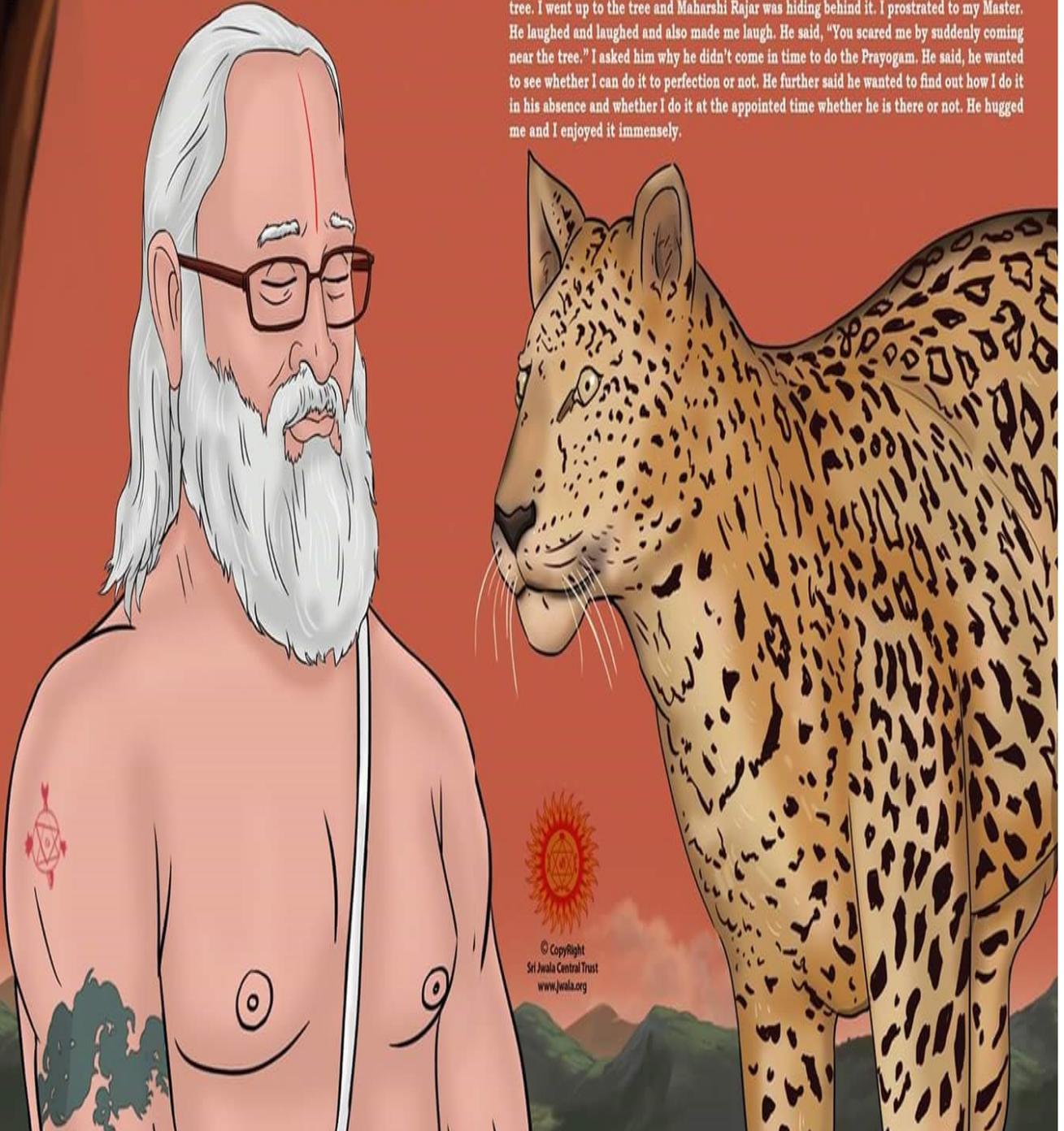
**This piece of cloth, wrung in Sadhana,
Peeling off the Skin even now!**

**This piece of cloth, will one day dry in grace,
No bondage to clip, No karma to weigh down,
Just the elements carry in flight!**

*** PRAYOGI PARAYANAM ***

Once Maharshi Rajar and I were in meditation sitting opposite to each other with a 10 feet gap; there used to be a ferocious leopard which Maharshi Rajar used to call 'Sakya'. He had come and was smelling me. I could not meditate and I opened my eyes; he was almost on me. I did not move even a bit, I also did not call out to my master because he was in a deep trance. The leopard was going on smelling me. Suddenly, Maharshi Rajar called out, "Don't worry, my boy; the master and the disciple have the same body odour. Sakya knows you are me and I am you. Don't worry." I smiled and said, "Master, I was not worried about Sakya smelling me but I was worried that in that intimate moment with Sakya, I should not disturb your trance. I am sorry Master exactly that has happened." Maharshi Rajar just smiled and said, "Everything is the will of God. The starting and ending too. We are not the doers, it is the Lord's will that my trance should get over, and so he sent Sakya. He didn't give that idea to you for he had other ideas."

Once, Maharshi Rajar was preparing to do a Prayogam. I was asked to procure all the items for the Homam. I had gone in to the forest and got the Samiths, through the tribals. We had the rest of the items, like milk, ghee, some raw vegetables, fruits, betel leaves, nuts, herbs, coconuts, etc. All these were neatly arranged on banana leaves. We both went to the river nearby and bathed in its waters. Maharshi Rajar told me to go back and that he will follow. I went back and I waited for him as the Muhurtham for performing the Prayogam drew nearer and nearer. Normally, before the Muhurtham we see the Prashna Bhavam as per Shakuna Sastram based on Pakshi Sastram, Vriksha Sastram, Vana Sastram. We also see the Kaarna, Adhikara Prashnams. I started seeing the Prashnam and since my master was not there, I had to go ahead with the Prayogam, and it took eight and half hours to complete it. As soon as I completed the Prayogam, I got up and saw someone at a distance, peeping at me from behind a tree. I went up to the tree and Maharshi Rajar was hiding behind it. I prostrated to my Master. He laughed and laughed and also made me laugh. He said, "You scared me by suddenly coming near the tree." I asked him why he didn't come in time to do the Prayogam. He said, he wanted to see whether I can do it to perfection or not. He further said he wanted to find out how I do it in his absence and whether I do it at the appointed time whether he is there or not. He hugged me and I enjoyed it immensely.



* PRAYOGI PARAYANAM *

Once, somewhere in the Western Ghats, I and Maharshi Rajar were sitting opposite to each other and meditating. It's a Prayogam called 'Vamshakalyani'. After performing a Homam for 24 hours and Tharpanam for 8 hours, usually we meditate for 16 hours. After meditation, I opened my eyes. Maharshi Rajar was not to be seen. So I started looking around. I went inside the small thatched make shift hut and found that Maharshi Rajar was cooking food. I was shell shocked.

Me: Master, I am Sorry...

Maharshi Rajar: Why Sorry?

Me: You are cooking food despite my presence.

Maharshi Rajar: Don't be stupid. It's always you who keep cooking and serving food. For a change, I thought let me do it.

Me: Sorry master

Maharshi Rajar: Once again, stupidity to the core. Do you know for how long you have been meditating?

Me: No master

Maharshi Rajar: It's been almost 5 days, 117 Hours. I am old; I can't face hunger that long. So I have been cooking and eating all these days. You were in total 'Yoga Nidra'. I didn't want to disturb you. You must be so tired now. Come, sit down; we both will eat together. Taste the food and see whether it is as tasty as when you cook it. I am an old man; salt may be in excess or very less, bear with it. Go get the leaves, we both will sit and eat'. I was in tears. I got the leaves, we both sat and ate.

Maharshi Rajar: How is my cooking? How does the food taste?

Me: Amritham Master, Amritham!

Maharshi Rajar just hugged me and said, 'My dream of cooking food for you has at last come true. It's the Lord's grace. Come, you must be tired. Lie on my lap and sleep for some time'. I just went in to deep slumber in my master's lap.

Maharshi Rajar: What do you consider the highest?

Me: Master's love for his disciple

Maharshi Rajar: What do you consider the lowest?

Me: Being judgmental in life

Maharshi Rajar: What is a disciple's primary duty?

Me: To have faith in the master's words

Maharshi Rajar: When does a disciple get enlightened?

Me: In the vicinity of his master, he is always enlightened

Maharshi Rajar: When does a disciple look stupid?

Me: When he thinks, his master is away from him

Maharshi Rajar: Why does the master need a disciple?

Me: To lavish his love on him

Maharshi Rajar: Why does a disciple need a master?

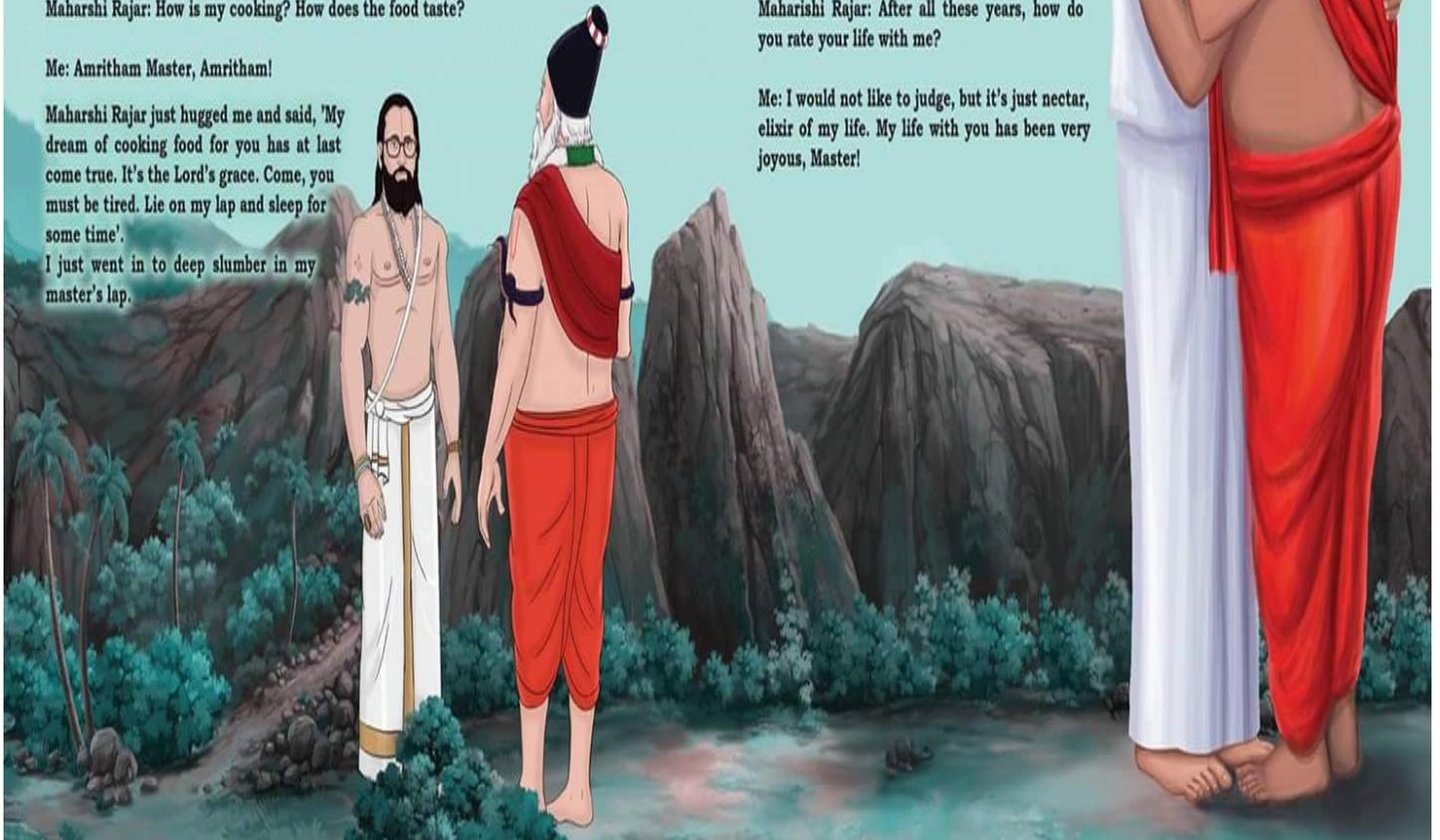
Me: To understand nature and existence better

Maharshi Rajar: After all these years, how do you rate your life with me?

Me: I would not like to judge, but it's just nectar, elixir of my life. My life with you has been very joyous, Master!



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UGADI 2018 Flyer

VILAMBI NAMA UGADI CELEBRATIONS

On March 18th, 2018



We will be celebrating **VILAMBI NAMA SAMVATSARA UGADI/GUDI PADWA** on Sunday, March 18th, from 8:00 am to 1:00 pm. Program includes the following pujas

- Ganapathy Abhishekam
- Punyahavachanam
- Kalasha Sthapanam
- Baba Special Abhishekam
- Navagraha Mantra Yantra Thantra Avahanam and Aradhana
- Mantra Pushpam and Madhyana Arathi
- Mahaprasadam

"On this Ugadi, in addition to Abhishekam for Sri Sai Amrutha Narayana, we will be performing an unique Navagraha Yantra pooja, which will immensely help all our devotees to achieve success in life with good health, wealth and prosperity. We are inviting one and all with family & friends to participate in Ugadi Celebrations."



Please come join us in offering prayers for Loka Kalyanam and invoking Sai's Grace on Ugadi. Devotees can get Archanas performed throughout the day. Baba's Maha Prasadam is available throughout the day and served Free. Please contact us if you would like to sponsor for Abhishekam and Yantra Pooja



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