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Words of Wisdom – From our Guruji



THE SECRET OF ATTAINING
NRUSIMHA

Adi Shankara was meditating in a place called "Paaladhara", near Sri-saila Maha Kshetram. You have got the small falls – "Paaladhara" and "Panchadhara". There is also Pat-alaganga. He was meditating. At that point of time his disciple Padmapaada was in meditation in Ahobilam. Padmapaada was an ardent upasaka of Sri Lakshmi Nrusimha Swami. He was sitting there and he wanted Mantra Siddhi and Aatma Saakshat-karam. He wanted Nrusimha Sakshaatkaram. He continued to meditate and pray, day after day, but Nrusimha would not come. A Master and disciple will have telepathy – If the Master thinks, it will be known to the disciple and if the disciple thinks, it will be known to the Master. Shankara sent a word to Padmapaada through telepathy. Shankara said, "Padmapaada ! Please come here to Paaladhara. From here there is a place nearby, near Srisaillam called Chen-chugudem. In Chenchugudem there is a Parvata Bilam (Cave) in the mountain. If you sit in that Bilam and meditate, you will be able to get the At-masakshatkaram of the Lord." Padmapaada reached Shankara immediately and Shankara directed him to Chenchugudem. Padmapaada reached Chenchugudem and was about to start his meditation. At the time, the King of the Chencu Tribe, by name "Bayanna came to the cave. He found Padmapaada with lot of 'Tejas' (glowing with divinity). Bayanna : Sir you look like a saint and you must have come here with a purpose. Firstly, I am the king of this place. I am the Chenchu Dora. Since you are my guest, it is my responsibility to get you whatever you desire from this place. I know this forest area very well. You would have certainly come here with a purpose. What is it you want?"

Padmapaada smiled and said, "I want Nrusimha". Bayanna : "Nrusimha ?? What is this Nrusimha?". Padmapaada explained the tribal king in a layman's language. He said, "It has a Lion's face and a man's body".

Bayanna : I have seen lions, tigers and leopards in this forest, but never saw anything like you described. Are you sure it is available in this forest ? Yes, I trust that you will speak truth as you are a Brahmin and you will not lie about anything...(Guruji jokes here by saying... "Bayanna said that about, Brahmins during Adishankar's times... but Brahmins today will only tell lies and can never utter truth"). So I trust that what you are asking for, does exist. I am making a promise to you that I will get what you asked for by evening, failing which, by the time the sun sets, I will give up my life (Pranatyagaagam).

If I cannot give a Brahmin what he needs, what is the use of my being the king of this place ? Moreover you are my Atithi (Guest). There is no point in my existence if I fail in Atithi Satkaram (Honouring a guest), being a King. I will be a utter failure as a king. Bayanna, set out to search the entire forest. He kept on saying and thinking "Where are you Nrusimha?" "Where are you Nrusimha?"

The thinking was absolutely on God and nothing else, though he did not know that it was the "Lord" he was searching for. He continued to search till the evening. Now it was time and nearing sunset. As he failed, Bayanna decided to giveup his life. He took a creeper, as ropes were not available in those days. He made a noose like arrangement with the creeper and was about to hang himself... at that time he heard a "ROAR" of a Lion. He turned in that direction and saw Nrusimha standing there. Bayanna exclaimed, "Ha Haa...I have been searching for you since morning and now I found you...". Saying so, he took the creeper with which he was going to commit suicide, and tied Nrusimha with it.

He pulled and dragged Nrusimha to Padmapaada. Bayanna : Hey Brahman ! Dekho idhar koun aaya ! Dekho Yaar ! The creature you wanted, I brought it for you. This is the being you wanted. Padmapaada saw in that direction and could not see anything. Lord gave darshan to Bayanna but he didn't give his darshan to Padmapaada. Nevertheless, Padmapaada could hear the roaring sound of a lion. Padmapaada

prostrates in that direction and says, " O Lord ! You have given Your darshan to a fellow who doesn't know who you are. I have been longing to see you. I have not got the Nrusimha Sakshaatkaram. I did so much of Tapas in Ahobilam. I did crores and crores of japam. You did not turn up. How is it O Lord, that You have granted Your darshan to an ordinary Chenchu Dora and that too in a matter of few hours. You did not reveal Yourself to me though I did koti koti tapas. What is this drama my Lord ?" Padmapaada could hear the Lord speaking... "Lakhs and Crores of Tapas and Yagna may not offer Aatmasakshatkaram or Nrusimha Sakshatkaram...but Bayanna had something called as "Ekagrata". What is that "Ekagrata"? ...Repeatedly thinking about the Lord. Repeatedly thinking about the Lord is far more superior than your Koti Koti Tapas. It is because of the Ekagrata of Bayanna that today you are atleast able to hear my voice. It is because of his blessings and not because of your Tapas. Don't worry. Whenever you will think of me, I will appear. But this is not the time. Be satisfied with this 'Akasha Vani'".

Bayanna was a true disciple of the Lord. As a disciple you should have that Ekagrata. The disciple makes me wait for one and half hours at his home and one day he will call me and say, Guruji, now a days I am coming home on time. I felt like this... "Since I am not going to his house anymore, he is coming home early". What is the point ? You never came when I came. That Ekagrata was missing. There are some categories in disciples. There may be thousands of followers, but there will be hundreds of disciples and just a handful of devotees.

Your aim must be to become a devotee. That devotion and unquestionable faith in the Master is important. You should not question the Master. You should be non-judgemental in your outlook with your Master. Today the Master knocks at your door. A day is not far off when that is going to stop. After that you will not get Him at any point of time. You will cry over the split milk. The day is not far off !

That Ekagrata is missing. May be, your work is important. But remember that the Master too has work. I may not be a 9 to 5 man. I may not be an office goer. I do have some work. I have left my work and have come all the way. If you feel your work is important, Master's work is much more important. You are just working for your stomach but the Master works for the community. Master works for so many people. Guru's role is to work for community at large. Will you go to your office, if

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Upcoming events:

- ◆ **10/01 to 10/11**
 - ◇ Navarathri— Daily cultural activities & Bommala koluvu on display
- ◆ **10/30**
 - ◇ Deepawali

they stop paying your salary ? Can you say that you will continue to do service though they stop paying your salary ? Your wife will kick you out, when she learns about it. She will say "No Way....No place at home."



Chapter 13

MORE SAI LEELAS

SaiBaba has assured us that HE will come to our rescue even if we are seven seas away from HIM. All HE needs is pure devotion.

There was one Bhimaji patil who suffered from Tuberculosis who came to Baba for relief. Baba assured him well and cured him by two dreams, one, in which he was beaten by his teacher for not reciting a poem and another, where he felt some one was rolling a huge stone over his chest! He became so devoted to SAI that he started the 'Sai Sathya Vrat' which is being followed by Baba's devotees.

Baba instructed one Mr. Bal Ganpat Shimpi who was suffering malaria fever, to give curd rice to a

black dog. Believing in Baba's words, he did the same and went to the local temple, where, a black dog came from nowhere to eat the curd rice!

Another time Sai cured Sriman Bhutti's diarrhea simply by HIS command to 'STOP' and next time when he suffered from cholera, Baba cured his thirst with dates and walnuts mixed with milk!

Alandhi Swami's chronic earache which required surgery was cured by Baba's golden words of 'Allah achchaa karega' without any surgery!

Kaka Mahajani's severe diarrhea also similarly cured by Sai with peanuts and water!

Dattopant of Haridha suffered from chronic diarrhea for 15 years and Baba resolved it just by placing HIS hands over his head!

Shama, Mahajani's brother Gangadhar and Nana Saheb Chandorkar also had similar divine experiences of cure on various occasions.

Thus Baba cured HIS devotees' ailments without any drugs and simply by HIS words and touch!

**Bow to Shri Sai
Peace be to all**

Life applications:

- * Trust in Baba will get rid of your ailments, even now.
- * Remember Baba's words that HE will come to you even when you are far away!

**Sri Satchitananda
SadGuru Sainath
Maharaj ki Jai!**



Saiamrutham — "If you spread your palms with devotion before me, I'm immediately with you, day and night. Though, I'm here bodily, still I know what you do, beyond the seven seas. Go wherever you will, over the wide world, I'm with you."

"The best way to receive is also the best way to give". Mahalaya Paksha started on 16th September and is until 30th September. This is a special period to revere our ancestors and departed souls. So, take time during this 15 day period, and meditate remembering our ancestors and departed souls. Honor them by giving food, clothes, and money especially for education to the poor and needy. To honor them ritualistically approach the priests and perform as per their advice. Here is a beautiful quote and some information regarding Mahalaya Paksha from astroved.com, a very informative website.

"There is a gift-giving time from the ancestors to their descendants living on this earth plane. The ancestors who passed from the earth and living in another plane are invoked to give abundant blessings. This 2-week period is very critical for you, for everyone. Even the enlightened yogis and rishis wait for this time, which comes only once a year, to get blessings from their own ancestors."

Power time for Your Ancestors to Bless You and Change Your Destiny

Mahalaya Paksha (15 days of Ancestral Rituals) is the most important time of the year for you to perform Tarpanam for your ancestors. Every year during Mahalaya period, the spirits of your ancestors come to the Earth plane to receive your offerings through the Tarpanam ritual and bestow their blessings on you, which has the power to change your destiny.

This fortnight window is a time you can seek help from your ancestors to dissolve the karma affecting all aspects of your present life, including your health, wealth, career and relationships.

Our Sai temple provides us with the opportunity to give through its different charity programs. Please make use of this opportunity. Contribute for milk and food donations. (Just \$3.00 per week for a gallon of milk is something little that we can offer.) And be blessed by our ancestors and the people who are benefited from our contribution.

Practical experience :

when we are thirsty or hungry especially when

we are sick, or home after our travel to India or far of places, and our friends give us food. After eating we feel so contented. When our stomach is full our heart is full and we bless the people who provided us. It's the same with people who are in need. And God has blessed us all enough so that we can take care of the needy. Let us commence from this day to express our gratitude to our ancestors and God. Be blessed and stay blessed forever.

There lived a wise King, who had a monkey for a pet. The monkey was not a shrewd one, but because he is the King's pet, he had freedom in the palace. He could go anywhere in the palace, where even confidential persons and servants were not allowed to go.

One day the King was very tired and sleeping and others were told not to disturb him. The monkey entered the chamber and was keeping an eye on his Master, the King. Then, a common housefly entered the room flying and sat on the King's chest. The monkey thought it would disturb the King's sleep and tried to chase the fly with the King's dagger nearby.

The fly escaped from the dagger couple of times, but again and again tried to sit on the King's chest. Monkey got very angry and put all his weight on the dagger to chase the fly. The King

was severely wounded and had to be treated for a long time., but the fly escaped.

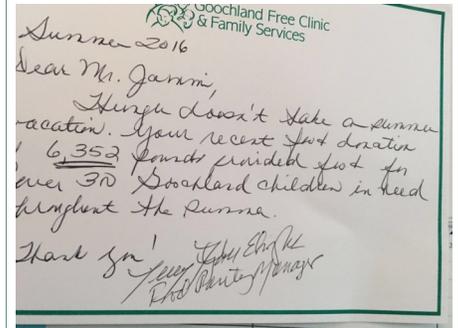
Moral of the Story :

If one has a fool for a friend, beware, because he might cause more harm than his enemies.

Sridharamrutham

Neither I teach nor You learn. I only suggest you to unwind and unlearn. On adhering this principle, you will be at peace and see the Lord all around you in anything and everything. Lord is the ultimate doer.

Food donation by devotees



We received the above note from the Goochland Free Clinic and Family Services. It says *“Hunger doesn’t take a summer vacation. Your recent food donation of 6,352 pounds provided food for over 300 Goochland children in need throughout the summer”*.

We urge our devotees to participate in the food and milk donation to help the needy in our community.

Why is Vinayakar Single?

Someone once asked Gurudevar Sri Ramakrishna, "Why are you not leading a family life even though you are married?"

Gurudevar then accounted a Story on Lord Ganesha:

"One day, Ganesha was playing with a kitten. While playing, inadvertently his nail had scratched the kitten. After playing, when Ganesha saw his mother, Devi Parvathi, he noticed a small scratch on her cheek.

He asked, "Mother, why do you have a scratch on your face?"

Parvathi replied, "Dear Child, did you forget? You are the one who caused it"

Ganesha was taken aback.

"What do you mean Mother? When did I do that to you?"

"Just now, when you were playing with the kitten"

Ganesha still could not understand.

"But what does it have to do with your bruise Mother?"

"Dear Ganesha, the World is not different from me. I am the World, World is me"

From then on, Ganesha could look at all women only as his Mother. So he did not want to marry anyone."

Sri Ramakrishna said, "Same way, all women including my wife, look to me as Divine Mother. So I cannot lead family life."

HAPPY GANESH
CHATURTHI TO ALL!

Services in the Temple

Priests services like Yantra Puja, Gruha Pravesham, Satyanarayana Vratam, Pitru Karma, Seemantham, Upanayanm, Vahana Puja etc., are available which will be performed at devotees homes for their good health and prosperity. We also do archanas, abhishekam's for all our deities.

Seva (Volunteering) opportunities are also available at the temple.

For more details please visit our website:

<http://www.sriamruthasai.org/services/> or contact the temple at 804-708-0867.